

Health and Life Skills

Alberta Authorized Resource List and Annotated Bibliography

Kindergarten to Grade 9

**Part I: Resource List by Grade
(Kindergarten to Grade 9)**

**Part II: Annotated Bibliography (listed
alphabetically by title)**


March 2006

*The complete document is available online at
http://www.education.gov.ab.ca/k_12/curriculum/bySubject/healthpls/*

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The primary intended audience for this document is:

<i>Administrators</i>	
<i>Counsellors</i>	
<i>General Audience</i>	
<i>Parent School Councils</i>	
<i>Parents</i>	
<i>Students</i>	
<i>Teachers</i>	✓

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INTRODUCTION

Alberta Education selects and authorizes the best possible instructional materials to support implementation of approved programs of study. The criteria for acceptability includes congruency with the program of studies, alignment with the general outcomes and their related curriculum organizers, and other general considerations that are seen as necessary for meeting the learning needs of students, such as:

- developmentally appropriate and user-friendly
- Canadian content
- recognizing diversity and promoting respect.

RESOURCE AUTHORIZATION CATEGORIES

Authorized Resources

The resource authorization categories for health and life skills are **student basic**, **student support** or **authorized teaching**.

Student Basic resources are those student learning resources authorized by Alberta Education as the most appropriate for addressing the majority of outcomes of the course(s) or substantial components of the course(s); or the most appropriate for meeting general outcomes across two or more grade levels.

Student Support resources are those student learning resources authorized by Alberta Education to assist in addressing some of the outcomes of the course(s) or components of the course(s), or to assist in meeting the outcomes across two or more grade levels.

Authorized Teaching resources are those teaching resources identified as the best available resources to support the implementation of programs of study and courses; they may be teacher guides to accompany student resources or teacher professional resources.

Alberta Education strongly recommends that teachers read all selections in the student resources and all activities in the teacher guides prior to using them with students. Careful consideration should be given to the sensitivities of both the student audience and the community.

Availability of Resources

Most of the authorized Kindergarten to Grade 9 Health and Life Skills resources are available for purchase from:

Learning Resources Centre
12360 – 142 Street, Edmonton, AB T5L 4X9
Telephone: 780-427-5775
Fax: 780-422-9750
Internet: <http://www.lrc.education.gov.ab.ca>

LRC order numbers and prices (as of the printing of this list) are included for each resource. The cost of resources is subject to change without notice. Those resources available for purchase directly from the vendors/distributors are so noted; a list of vendors is located at the end of this document.

For a **complete** list of Health and Life Skills resources, consult the Learning Resources Centre *Buyers Guide*, at <http://www.lrc.education.gov.ab.ca/pro/resources/findares.htm>.

Note: Some of the older resources no longer have a strong curriculum fit with the program of studies and/or are dated, and will be withdrawn from authorized status in the year(s) ahead. A list of resources scheduled to be withdrawn from authorized listings as of August 31, 2006 is located on page 179 of this document.

Health and Life Skills Guide to Implementation, 2002

The *Kindergarten to Grade 9 Health and Life Skills Guide to Implementation, 2002*, a 750 page resource, was developed to assist teachers with implementation of the prescribed outcomes in the program of studies for Kindergarten to Grade 9 Health and Life Skills (2002). The Guide to Implementation, is available through the Alberta Education Web site at http://www.education.gov.ab.ca/k_12/curriculum/bySubject/healthpls/. It is also available for purchase from LRC for \$26.85, product number 475964.

Alberta Learning Information Service (ALIS) Web Site


The Alberta Learning Information Service (ALIS) Web site is Alberta's on-line source for career, learning and employment information. ALIS is a joint partnership of Alberta Human Resources and Employment (AHRE) and Alberta Education and is an authorized resource.


The Web site address is <http://www.alis.gov.ab.ca>.


ORGANIZATION OF THIS DOCUMENT

Part I: Resource List by Grade (Kindergarten to Grade 9)

Part I of the list of these resources is **organized by grade**, Kindergarten to Grade 9. The resources in each grade are identified by each of the general outcomes:


 General Outcome 1—Wellness Choices		
Personal Health	Human Sexuality	Safety and Responsibility
✓		

 General Outcome 2—Relationship Choices		
Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓	

 General Outcome 3—Life Learning Choices		
Learning Strategies	Life Roles and Career Development	Volunteerism
✓		

Each entry provides the following information:

- title of resource
- copyright date
- type of authorization (student basic, student support, authorized teaching)
- distributor
- supplier name, order number and price.

Resources identified as  are those resources which have been authorized and added to the list since January 2003.

Part II: Annotated Bibliography (listed alphabetically by title)

Each of the resources in Part I has a corresponding annotation in Part II. This section provides annotations of authorized Alberta learning and teaching resources to support the 2002 Kindergarten to Grade 9 Health and Life Skills program.

Each annotation identifies:

- the grade level(s) for which the resource is authorized, the category of authorization (student basic, student support or teaching), and if the resource is authorized for another curricular area
- a detailed description of the content, and includes comments for teachers to note
- the format of the resource (print, video, CD-ROM, DVD) identified by icon
- publisher information and notes where the resource is available. If a resource is part of a series, other authorized titles in the series are cross-referenced.

KINDERGARTEN TO GRADE 9 HEALTH AND LIFE SKILLS OUTCOMES

The Health and Life Skills Program of Studies, Kindergarten to Grade 9, 2002 is available on the Alberta Education Web site at http://www.education.gov.ab.ca/k_12/curriculum/bySubject/healthpls/default.asp. The Kindergarten to Grade 9 Guide to Implementation is also available on the Alberta Education Web site and available for purchase from the Learning Resources Centre.

The aim of the Kindergarten to Grade 9 Health and Life Skills program is to enable students to make well-informed, healthy choices and to develop behaviours that contribute to the well-being of self and others. To achieve this aim, students require an understanding of self as the basis for healthy interactions with others and for career development and lifelong learning. Students also require a safe and caring school and community environment in which to explore ideas and issues surrounding personal choice, to seek accurate information and to practise healthy behaviours.



WELLNESS CHOICES—General Outcome 1

Students will make responsible and informed choices to maintain health and to promote safety for self and others.



RELATIONSHIP CHOICES—General Outcome 2

Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.



LIFE LEARNING CHOICES—General Outcome 3

Students will use resources effectively to manage and explore life roles and career opportunities and challenges.

Health and Life Skills

Part I: Resource List by Grade (Kindergarten to Grade 9)

March 2006


Part I: Resource List by Grade (K to Grade 9)

KINDERGARTEN



Please Note:

This list is current as of March 2006. Additional resources are under review.





Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Afraid <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438970 \$23.60
Be Safe Around Food	2000	Marlin Motion Pictures Ltd.	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Body Image Resource Collection (Kit) (Grades K - 3) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Brushing Well <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440058 \$14.70
The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9	2002	Canadian Red Cross Society, Contact Centre, Western Canada	Authorized Teaching K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 511289 \$272.25
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
Clean Kids	1998	KineticVideoCom / MarshMedia / Omega Films Limited	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Courtesy Counts a Lot	1998	Omega Films Limited	Support K <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres

KINDERGARTEN (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 \$42.40
Feelings and Faces	1999	Omega Films Limited	Support K, 1 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Food for Healthy Teeth <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440032 \$14.70
Frustrated <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438996 \$23.60
 Full Mouse, Empty Mouse (2nd Ed.) (Reader with Companion Piece)	2004	body image works inc.	Authorized Teaching K, 1, 2 ● GO1 ● GO2 ○ GO3	LRC / Publisher / Distributor
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Glad <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439027 \$23.55
Going to the Dentist <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	Out-of-print
Help <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439043 \$23.55
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 \$31.55
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 475964 \$26.85
Let's Talk about Good Manners <i>Let's Talk Library</i>	1997	Knowbuddy Resources	Support K, 1 ● GO1 ● GO2 ○ GO3	Out-of-print 440131
Let's Talk about Head Lice <i>Let's Talk Library</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ● GO2 ○ GO3	LRC 440157 \$18.40
Lions-Quest: Skills for Growing: K (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching K ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)

KINDERGARTEN (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Nutrition P.I.: Primary Ideas for Active Learning (2002 Revised Ed.)	2002	Alberta Milk	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Patrick & Sara Volunteer and Learn About Homeless Families <i>Kids Who Care</i>	2002	Volunteer Calgary	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 524331 \$9.75
Please <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439019 \$23.60
Risk Watch: Safety Program for Grades Pre K and K <i>Risk Watch</i>	1998	National Fire Protection Association	Authorized Teaching K <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC \$121.20 453895
Safety Around Fire <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439225 \$18.40
Safety Around Strangers <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439118 \$18.40
Safety at Home <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439217 \$18.40
Safety on the Playground <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 439134
Safety on the School Bus <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 439126
Safety at the Swimming Pool <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439100 \$18.40
Safety on Your Bicycle <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439142 \$18.40
Staying Healthy: Dental Care <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440420 \$18.20
 Student Workshop: How Not to Fight	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 613275 \$147.25

KINDERGARTEN (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Student Workshop: I Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 483967 \$163.60
Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 453746 \$136.75
 Student Workshop: Respecting Differences	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 614801 \$147.25
Talking about Bullying <i>Talking About</i>	2000	Saunders Book Company	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
Thanks <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438988 \$23.60
Tooth Truth with Harv and Marv (3rd. Ed.)	1998	Omega Films Limited	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Kindergarten	2001	Learning Resources Centre (LRC)	Authorized Teaching K <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445446 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
We Need Doctors <i>Helpers in Our Community</i>	2000	Knowbuddy Resources	Support K <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439910 \$14.70
We Need Fire Fighters <i>Helpers in Our Community</i>	2000	Knowbuddy Resources	Support K <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439944
We Need Nurses <i>Helpers in Our Community</i>	2000	Knowbuddy Resources	Support K <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439978
We Need Police Officers <i>Helpers in Our Community</i>	2000	Knowbuddy Resources	Support K <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439994
Your Teeth <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440040 \$14.70



Part I: Resource List by Grade (K to Grade 9)

GRADE 1


Please Note:

This list is current as of March 2006. Additional resources are under review.





Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Afraid <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438970 \$23.60
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Be Safe Around Food	2000	Marlin Motion Pictures Ltd.	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Body Image Resource Collection (Kit) (Grades K - 3) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Brushing Well <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440058 \$14.70
The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9	2002	Canadian Red Cross Society, Contact Centre, Western Canada	Authorized Teaching K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 511289 \$272.25
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
 Child Traffic Safety: Resource Guide for Educators, Parents and the Community (Includes: Traffic Safety Workbook - Book One (K-Grade 1); Traffic Safety Workbook - Book Two (Grade 2-3); A Traffic Safety Toolkit for Your Brain - Book Three (Grade 4-6))	(2003)	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Clean and Healthy <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439499 \$22.15

GRADE 1 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Clean Kids	1998	KineticVideoCom / MarshMedia / Omega Films Limited	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Courtesy Counts	1999	Magic Lantern Communications Ltd.	Support 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Feelings and Faces	1999	Omega Films Limited	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
A First Book about Bodies <i>Look and Learn</i>	1999	Saunders Book Company	Support 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 438946 \$18.85
<i>Note: This resource supports human sexuality outcomes.</i>				
Food for Healthy Teeth <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440032 \$14.70
Frustrated <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438996 \$23.60
 Full Mouse, Empty Mouse (2nd Ed.) (Reader with Companion Piece)	2004	body image works inc.	Authorized Teaching K, 1, 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Glad <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439027 \$23.55
Going to the Dentist <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print



GRADE 1 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
A Healthy Body <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439506 \$22.15
Help <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439043 \$23.55
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
Let's Talk about Being a Good Friend <i>Let's Talk Library</i>	2000	Knowbuddy Resources	Support 1 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440123 \$18.20
Let's Talk about Good Manners <i>Let's Talk Library</i>	1997	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 440131
Let's Talk about Head Lice <i>Let's Talk Library</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440157 \$18.40
Let's Talk about Living in a Blended Family <i>Let's Talk Library</i>	1996	Knowbuddy Resources	Support 1 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 440165
Lions-Quest: Healthy Bodies: Grade 1 <i>Lions-Quest: Healthy Bodies</i>	1999	Lions-Quest Canada	Authorized Teaching 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 444274 \$17.55
Lions-Quest: Skills for Growing: 1 (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching 1 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
 Nutrition P.I.: Primary Ideas for Active Learning (2002 Revised Ed.)	2002	Alberta Milk	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Patrick & Sara Volunteer and Learn About Homeless Families <i>Kids Who Care</i>	2002	Volunteer Calgary	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 524331 \$9.75

GRADE 1 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Please <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439019 \$23.60
Point.Pause.Proceed. Pedestrian Safety <i>Think & Drive</i>		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Safety Around Fire <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439225 \$18.40
Safety Around Strangers <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439118 \$18.40
Safety First <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439514 \$22.15
Safety at Home <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439217 \$18.40
Safety on the Playground <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 439134
Safety on the School Bus <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 439126
Safety at the Swimming Pool <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439100 \$18.40
Safety on Your Bicycle <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439142 \$18.40
Staying Healthy: Dental Care <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440420 \$18.20
Staying Healthy: Personal Safety <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440446 \$18.20
 Student Workshop: How Not to Fight	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 613275 \$147.25
Student Workshop: I Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 483967 \$163.60

GRADE 1 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 453746 \$136.75
 Student Workshop: Respecting Differences	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 614801 \$147.25
Talking about Bullying <i>Talking About</i>	2000	Saunders Book Company	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
Thanks <i>Thoughts and Feelings</i>	2000	Knowbuddy Resources	Support K, 1 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438988 \$23.60
Tooth Truth with Harv and Marv (3rd. Ed.)	1998	Omega Films Limited	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 1	2001	Alberta Teachers' Association	Authorized Teaching 1 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445371 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
You Can Try, So Can I	2000	Sunburst Communications Inc.	Support 1, 2 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 466640 \$163.60
Your Teeth <i>Dental Health</i>	1999	Knowbuddy Resources	Support K, 1 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440040 \$14.70



Part I: Resource List by Grade (K to Grade 9)

GRADE 2

Please Note:

This list is current as of March 2006. Additional resources are under review.

Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440462 \$52.60
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Body Image Resource Collection (Kit) (Grades K - 3) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
 Child Traffic Safety: Resource Guide for Educators, Parents and the Community (Includes: Traffic Safety Workbook - Book One (K-Grade 1); Traffic Safety Workbook - Book Two (Grade 2-3); A Traffic Safety Toolkit for Your Brain - Book Three (Grade 4-6))	(2003)	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Clean and Healthy <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439499 \$22.15
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Dealing with Anger <i>Conflict Resolution Library</i>	1996	Knowbuddy Resources	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440082 \$17.05
Dealing with Bullying <i>Conflict Resolution Library</i>	1996	Knowbuddy Resources	Support 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440066 \$16.95





GRADE 2 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Dealing with Hurt Feelings <i>Conflict Resolution Library</i>	1997	Knowbuddy Resources	Support 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440074 \$16.95
Dealing with Teasing <i>Conflict Resolution Library</i>	1997	Knowbuddy Resources	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440107 \$16.95
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
 Full Mouse, Empty Mouse (2nd Ed.) (Reader with Companion Piece)	2004	body image works inc.	Authorized Teaching K, 1, 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
A Healthy Body <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439506 \$22.15
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
Let's Talk about Head Lice <i>Let's Talk Library</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440157 \$18.40
Lions-Quest: Healthy Bodies: Grade 2 <i>Lions-Quest: Healthy Bodies</i>	1999	Lions-Quest Canada	Authorized Teaching 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 444282 \$17.55
Lions-Quest: Skills for Growing: 2 (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Living with Sunshine: A Primary Teaching Resource on Sun Protection for Grades 1, 2 and 3	2002	Canadian Cancer Society, Alberta/NWT Division	Authorized Teaching 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 511271 \$3.90

GRADE 2 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
My Breakfast <i>My World</i>	2000	Knowbuddy Resources	Support 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439481 \$15.60
 Nutrition P.I.: Primary Ideas for Active Learning (2002 Revised Ed.)	2002	Alberta Milk	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Patrick & Sara Volunteer and Learn About Homeless Families <i>Kids Whoo Care</i>	2002	Volunteer Calgary	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 524331 \$9.75
Point.Pause.Proceed. Pedestrian Safety <i>Think & Drive</i>		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Safety Around Fire <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439225 \$18.40
Safety Around Strangers <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439118 \$18.40
Safety First <i>Safe and Sound</i>	2000	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439514 \$22.15
Safety at Home <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439217 \$18.40
Safety on the Playground <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 439134
Safety at the Swimming Pool <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439100 \$18.40
Safety on Your Bicycle <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439142 \$18.40
Staying Healthy: Dental Care <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support K, 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440420 \$18.20
Staying Healthy: Eating Right <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440280 \$18.20

GRADE 2 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Staying Healthy: Personal Safety <i>The Library of Healthy Living</i>	1997	Knowbuddy Resources	Support 1, 2 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440446 \$18.20
 Student Workshop: How Not to Fight	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 613275 \$147.25
Student Workshop: 1 Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 483967 \$163.60
Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 453746 \$136.75
 Student Workshop: Respecting Differences	2000	kineticvideo.com	Support K, 1, 2 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 614801 \$147.25
 Student Workshop: Stop Picking on Me!	2002	Sunburst Communications Inc.	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1-12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 2	2001	Alberta Teachers' Association	Authorized Teaching 2 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445389 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
You Can Try, So Can I	2000	Sunburst Communications Inc.	Support 1, 2 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 466640 \$163.60



Part I: Resource List by Grade (K to Grade 9)

GRADE 3

Please Note:

This list is current as of March 2006. Additional resources are under review.


Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440462 \$52.60
Alcohol: It's Not for Me	1998	Omega Films Limited	Support 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Body Image Resource Collection (Kit) (Grades K - 3) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
 Child Traffic Safety: Resource Guide for Educators, Parents and the Community (Includes: Traffic Safety Workbook - Book One (K-Grade 1); Traffic Safety Workbook - Book Two (Grade 2-3); A Traffic Safety Toolkit for Your Brain - Book Three (Grade 4-6))	(2003)	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Dealing with Anger <i>Conflict Resolution Library</i>	1996	Knowbuddy Resources	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440082 \$17.05



GRADE 3 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Dealing with Fighting <i>Conflict Resolution Library</i>	1996	Knowbuddy Resources	Support 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440115 \$16.95
Dealing with Teasing <i>Conflict Resolution Library</i>	1997	Knowbuddy Resources	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440107 \$16.95
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
Know Your Body Health Kit (Gr. 3) (Note: The five puppets were not authorized.)	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445008 \$423.60
<i>Note: This resource supports human sexuality outcomes.</i>				
Let's Talk about Head Lice <i>Let's Talk Library</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440157 \$18.40
Lions-Quest: Skills for Growing: 3 (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Mad Me	1999	Omega Films Limited	Support 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Nutrition P.I.: Primary Ideas for Active Learning (2002 Revised Ed.)	2002	Alberta Milk	Authorized Teaching K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)

GRADE 3 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 The Play Real Game: Facilitator's Kit: Grades 3/4 <i>Real Game Series</i>	2001	National Life/Work Centre, Memramcook Institute	Authorized Teaching 3, 4 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 491506 \$344.85
Point.Pause.Proceed. Pedestrian Safety <i>Think & Drive</i>		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
 Project Apex: Action Program on Eating and Exercise (2004 Revised Ed.): Grades 4 to 6	2004	Alberta Milk	Authorized Teaching 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Safety Around Strangers <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439118 \$18.40
Safety on the Internet <i>Safety First</i>	1999	Knowbuddy Resources	Support 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439233 \$18.40
Safety at the Swimming Pool <i>Safety First</i>	1999	Knowbuddy Resources	Support K, 1, 2, 3 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 439100 \$18.40
 Student Workshop: Building Healthy Relationships	2002	kineticvideo.com	Support 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Student Workshop: Stop Picking on Me!	2002	Sunburst Communications Inc.	Support 2, 3 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00

GRADE 3 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440173 \$99.60
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 3	2001	Alberta Teachers' Association	Authorized Teaching 3 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445404 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
What We Learned About Bullying: Grades 2–4 <i>Real Kids</i>	2000	KineticVideoCom	Authorized Teaching 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 472077 \$151.95


Part I: Resource List by Grade (K to Grade 9)

GRADE 4

Please Note:

This list is current as of March 2006. Additional resources are under review.

Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 440462 \$52.60
Athletic Trainer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439556 \$23.30
 Body Image Resource Collection (Kit) (Grades 4 - 6) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
The Dangers of Smoking <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Director: Film, TV, Radio, and Stage <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439564 \$23.30
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
Graphic Designer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439580

GRADE 4 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Healthy Living with Sunshine / Vivre en santé sous le soleil (Windows / Macintosh Version)	1996	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Support 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)	2002	Calgary Police Services Interpretative Center	Authorized Teaching 4, 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440305 \$36.45
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55

GRADE 4 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Just Around the Corner: For Boys	2000	Magie Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Just Around the Corner: For Girls	2000	Magie Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
 Leaps and Bounds: Grade 4	2003	AADAC Resource Development and Marketing	Authorized Teaching 4, 5 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct 545098 \$34.80
Licensed Practical Nurse <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439605
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80
Lions-Quest: Skills for Growing: 4 (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching 4 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)


GRADE 4 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Marine Biologist <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439621
Mechanical Drafter <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439548 \$23.30
 Nutrition Basics: Grade 4–5–6	2002	Mistahia Regional Health Authority	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
Pediatrician <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439639
 The Play Real Game: Facilitator's Kit: Grades 3/4 <i>Real Game Series</i>	2001	National Life/Work Centre, Memramcook Institute	Authorized Teaching 3, 4 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 491506 \$344.85
Point.Pause.Proceed. Pedestrian Safety <i>Think & Drive</i>		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
 Project Apex: Action Program on Eating and Exercise (2004 Revised Ed.): Grades 4 to 6	2004	Alberta Milk	Authorized Teaching 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Put Yourself In Someone Else's Shoes: Building Character Grades 2-4		KineticVideoCom	Authorized Teaching 4 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 480153 \$151.95
Saying Goodbye	1998	Omega Films Limited	Support 4 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Science, Tobacco and YOU! / La science, le tabac et VOUS	2002	Canadian Association for School Health	Authorized Teaching 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct

GRADE 4 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Second Step: A Violence Prevention Curriculum (3rd Ed.): Grade 4	2002	Committee for Children	Authorized Teaching 4 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct 519704 \$0.00
 Student Workshop: Building Healthy Relationships	2002	kineticvideo.com	Support 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS~The Education Station / Regional Resource and Urban Media Centres
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466632 \$150.60
Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Sun Sense	1997	Magic Lantern Communications Ltd.	Support 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Teach & Talk: The Subject Is Sex <i>HealthSmart Connection Series</i>	2001	ETR Associates	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 454059 \$32.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
 Teaming Up for Tobacco Free Kids: Teacher's Resource Kit	2003	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit <i>Un Bear Able</i>	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440173 \$99.60
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor

GRADE 4 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 4	2001	Alberta Teachers' Association	Authorized Teaching 4 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445412 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
We're Growing Up!	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
What We Learned About Bullying: Grades 2–4 <i>Real Kids</i>	2000	KineticVideoCom	Authorized Teaching 3, 4 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 472077 \$151.95
When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466658 \$128.55
Why Kids Smoke <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct


Part I: Resource List by Grade (K to Grade 9)

GRADE 5

Please Note:

This list is current as of March 2006. Additional resources are under review.


Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Athletic Trainer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439556 \$23.30
 Body Image Resource Collection (Kit) (Grades 4 - 6) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
The Dangers of Smoking <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Director: Film, TV, Radio, and Stage <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439564 \$23.30
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453986
Graphic Designer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439580




GRADE 5 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)	2002	Calgary Police Services Interpretative Center	Authorized Teaching 4, 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
Just Around the Corner: For Boys	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Just Around the Corner: For Girls	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				




GRADE 5 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
 Leaps and Bounds: Grade 4	2003	AADAC Resource Development and Marketing	Authorized Teaching 4, 5 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct 545098 \$34.80
 Leaps and Bounds: Grade 5	2003	AADAC Resource Development and Marketing	Support 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 605660 \$34.80
Licensed Practical Nurse <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439605
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80
Lions-Quest: Skills for Growing: 5 (2nd Ed.) <i>Lions-Quest: Skills for Growing</i>	1998	Lions-Quest Canada	Authorized Teaching 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
<i>Note: This resource supports human sexuality outcomes.</i>				
The Make It Real Game: Facilitator's Kit: Elementary School Edition	1999	National Life/Work Centre	Authorized Teaching 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442179 \$344.85
Making Healthy Decisions: Family Life 1 (Student Book) <i>Making Healthy Decisions</i>	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453960 \$16.20
<i>Note: This resource supports human sexuality outcomes.</i>				

GRADE 5 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Making Healthy Decisions: Family Life 1: Teacher's Guide <i>Making Healthy Decisions</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453978 \$40.45
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Marine Biologist <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439621
Mechanical Drafter <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439548 \$23.30
 Nutrition Basics: Grade 4–5–6	2002	Mistahia Regional Health Authority	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
Pediatrician <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439639
 Project Apex: Action Program on Eating and Exercise (2004 Revised Ed.): Grades 4 to 6	2004	Alberta Milk	Authorized Teaching 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Risk Watch: Safety Program for Grades 5 and 6 <i>Risk Watch</i>	1998	National Fire Protection Association	Authorized Teaching 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC
			Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)	\$121.20 453887
Risk Watch Teacher Video <i>Risk Watch</i>	1998	National Fire Protection Association	Authorized Teaching 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC
			Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)	\$121.20 453887
 Second Step: A Violence Prevention Curriculum (3rd Ed.): Grade 5	2002	Committee for Children	Authorized Teaching 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct

GRADE 5 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Student Workshop: All About Responsibility	2002	kineticvideo.com	Support 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 614827 \$147.25
 Student Workshop: Building Healthy Relationships	2002	kineticvideo.com	Support 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Student Workshop: Get a Grip! Self-Management Skills	2000	Sunburst Technology	Support 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466632 \$150.60
Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Teach & Talk: The Subject Is Sex <i>HealthSmart Connection Series</i>	2001	ETR Associates	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 454059 \$32.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
 Teaming Up for Tobacco Free Kids: Teacher's Resource Kit	2003	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit <i>Un Bear Able</i>	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440173 \$99.60

GRADE 5 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 5	2001	Alberta Teachers' Association	Authorized Teaching 5 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445420 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
We're Growing Up!	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Whatsa Hygiene?	1999	KineticVideoCom / MarshMedia / Omega Films Limited	Support 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
When It's Hard to Be a Friend: Grades 3-5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466658 \$128.55
Why Kids Smoke <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct






Part I: Resource List by Grade (K to Grade 9)

GRADE 6


Please Note:

This list is current as of March 2006. Additional resources are under review.



Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Act Now... The Best You Can Be! Creative Wellness Solutions Program: School Resource Kit	2003	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 620759 \$326.15
 Act Now... The Best You Can Be! Teacher Resource Kit (©2004)	2004	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC / Publisher / Distributor
Athletic Trainer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439556 \$23.30
 Barb Tarbox: A Life Cut Short by Tobacco (Video, Print, Poster)	2003	AADAC Resource Development and Marketing	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
 Body Image Resource Collection (Kit) (Grades 4 - 6) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Building Teen Self Esteem <i>Canada A.M. Series</i>	2001	Magic Lantern Communications Ltd.	Support 6, 7 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438764 \$51.05
Character Builders: Responsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438772 \$40.65
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40





GRADE 6 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Dangers of Smoking <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Director: Film, TV, Radio, and Stage <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439564 \$23.30
50 Activities for Teaching Emotional Intelligence: Level I: Elementary <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438805 \$39.60
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453986
Graphic Designer <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439580
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
 HIV and AIDS: Staying Safe		Marlin Motion Pictures Ltd.	Support 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 513326 \$70.10
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct


GRADE 6 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
Just Around the Corner: For Boys	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Just Around the Corner: For Girls	2000	Magic Lantern Communications Ltd	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
 Leaps and Bounds: Grade 6	2003	AADAC Resource Development and Marketing	Support 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 605678 \$34.80
Licensed Practical Nurse <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439605
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80

GRADE 6 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Make It Real Game: Facilitator's Kit: Elementary School Edition	1999	National Life/Work Centre	Authorized Teaching 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442179 \$344.85
Making Healthy Decisions: Family Life 1 (Student Book) <i>Making Healthy Decisions</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453960 \$16.20
Making Healthy Decisions: Family Life 1: Teacher's Guide <i>Making Healthy Decisions</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453978 \$40.45
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Marine Biologist <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439621
Mechanical Drafter <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 439548 \$23.30
 Nutrition Basics: Grade 4–5–6	2002	Mistahia Regional Health Authority	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
Pediatrician <i>Career Explorations</i>	2000	Knowbuddy Resources	Support 4, 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 439639
 Project Apex: Action Program on Eating and Exercise (2004 Revised Ed.): Grades 4 to 6	2004	Alberta Milk	Authorized Teaching 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
 The Right Choices: Skills for Life (includes Teacher's Guide)	1999	Sunburst Communications Inc.	Support 6, 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

GRADE 6 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Risk Watch: Safety Program for Grades 5 and 6 <i>Risk Watch</i>	1998	National Fire Protection Association	Authorized Teaching 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC
			Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)	\$121.20 453887
Risk Watch Teacher Video <i>Risk Watch</i>	1998	National Fire Protection Association	Authorized Teaching 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC
			Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)	\$121.20 453887
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) <i>Lions-Quest: Skills for Growing</i>	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Smoking <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 6, 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Student Workshop: Get a Grip! Self-Management Skills	2000	Sunburst Technology	Support 5, 6 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466632 \$150.60
Teach & Talk: The Subject Is Sex <i>HealthSmart Connection Series</i>	2001	ETR Associates	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 454059 \$32.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
 Teaming Up for Tobacco Free Kids: Teacher's Resource Kit	2003	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct

GRADE 6 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit <i>Un Bear Able</i>	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 6	2001	Alberta Teachers' Association	Authorized Teaching 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 445438 \$49.00
 Traffic Safety Resource Guide for Elementary Schools <i>Think & Drive</i>	2000	Traffic Safety Initiative, Alberta Transportation	Authorized Teaching K, 1, 2, 3, 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
We're Growing Up!	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Whatsa Hygiene?	1999	KineticVideoCom / MarshMedia / Omega Films Limited	Support 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 466658 \$128.55
Why Kids Smoke <i>Smokin' Somebody Stop Me!</i>	1999	Jefflyn Media Consultants	Support 4, 5, 6 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct





Part I: Resource List by Grade (K to Grade 9)

GRADE 7

Please Note:

This list is current as of March 2006. Additional resources are under review.


Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455883 \$38.30
<i>Note: This resource supports human sexuality outcomes.</i>				
 Act Now... The Best You Can Be! Creative Wellness Solutions Program: School Resource Kit	2003	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 620759 \$326.15
 Act Now... The Best You Can Be! Teacher Resource Kit (©2004)	2004	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC / Publisher / Distributor
 Action: Alcohol, Cannabis and Tobacco Health Promotion Project for Youth School Kit	1996	Ontario Physical and Health Education Association (OPHEA)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00
 Alberta Learning Information Service Web Site (ALIS) (http://www.alis.gov.ab.ca)	2003	Alberta Human Resources and Employment / Alberta Learning	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Web Site)
Appropriate Actions	1998	National Film Board	Authorized Teaching 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 468688 \$58.40
Taking Appropriate Actions Video Package (includes: Appropriate Actions; Unsuitable Actions)				\$114.50 468703
<i>Note: This resource supports human sexuality outcomes.</i>				
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community <i>Everything You Need to Know About...</i>	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442434 \$24.95
Assertiveness: "How Can I Say What I Mean?" <i>Perspectives on Relationships</i>	2000	Knowbuddy Resources	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438300 \$23.30



GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Barb Tarbox: A Life Cut Short by Tobacco (Video, Print, Poster)	2003	AADAC Resource Development and Marketing	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Body Image <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Body Image Resource Collection (Kit) (Grades 7 - 9) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Bugs for Breakfast: Food & Culture (includes Teacher's Guide)		McIntyre Media Limited	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Building Teen Self Esteem <i>Canada A.M. Series</i>	2001	Magic Lantern Communications Ltd.	Support 6, 7 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Choosing Your Friends	2001	KineticVideoCom	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Cliques and Shunning <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Coping with Stress <i>Note: This resource supports human sexuality outcomes.</i>	1999	Omega Films Limited	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres


GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Creating Your Own Support System <i>Everything You Need to Know About...</i>	1996	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442426 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441220 \$77.65
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441171 \$116.90
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
<i>Note: This resource supports human sexuality outcomes.</i>				
 Divorce: A Survival Guide for Kids	2002	KineticVideoCom	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 612665 \$133.60
Drug Abuse <i>Everything You Need to Know About...</i>	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442492 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
Drugs: Coming to a Neighbourhood Near You <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Effective Communication at School and at Work <i>Everything You Need to Know About...</i>	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442400 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
50 Activities for Teaching Emotional Intelligence: Level II: Middle School <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 441163 \$33.35
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453986




GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Gender Blues <i>You, Me & the Kids: The Teen Years</i>	1999	Filmwest Associates Distribution Ltd.	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Giving Back <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide) <i>Real People</i>	2001	KineticVideoCom	Authorized Teaching 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Having an Addictive Personality <i>Everything You Need to Know About...</i>	1998	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442418 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
 Health for Life 1: Teacher's Resource (with CD-ROM)	2004	Pearson Canada	Authorized Teaching 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 537417 \$74.95
Health Issues 7 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505521 \$19.50
Health Issues 7: Teacher's Resource (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505539 \$99.40
 Health for Life 1 (Student Book)	2004	Pearson Canada	Basic 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 537409 \$27.95
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440305 \$36.45





GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 How Not to Be a Victim: Violence Prevention <i>Real People</i>	2003	KineticVideoCom	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
Kids and Alcohol <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide <i>Lions-Quest: Working Toward Peace</i>	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)




GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461426 \$6.40
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461434 \$7.70
Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1 (Student Book) <i>Making Healthy Decisions</i>	2000	Kendall/Hunt Publishing Co.	Support 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 444315 \$16.20
Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1: Teacher's Guide <i>Making Healthy Decisions</i>	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 444323 \$40.45
Making Healthy Decisions: Family Life 1 (Student Book) <i>Making Healthy Decisions</i>	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453960 \$16.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Making Healthy Decisions: Family Life 1: Teacher's Guide <i>Making Healthy Decisions</i>	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453978 \$40.45
<i>Note: This resource supports human sexuality outcomes.</i>				
A Mind of Your Own	1999	National Film Board	Support 7 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453770 \$57.90
Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Alberta Milk	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 441238
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Nutrition: The Way We Eat: What Food Means	2001	Canadian Video Services (CVS) Inc.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Own Your Zone: Strong, Smart and Addiction-Free: Lesson Plans + Quick Facts About Alcohol, Other Drugs, and Problem Gambling (9th Ed.)		AADAC Resource Development and Marketing	Authorized Teaching 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct



GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Puberty for Boys: Amazing Changes Inside & Out: Teacher's Guide		Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Puberty for Boys: Amazing Changes Inside & Out (Video)		Marlin Motion Pictures Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Puberty for Girls: Amazing Changes Inside & Out: Teacher's Guide	2001	Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC
 Puberty for Girls: Amazing Changes Inside & Out (Video)	2001	Marlin Motion Pictures Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 510893 \$70.10
 Reaching Out: The Importance of Early Treatment (includes Video, Teacher's Guide, Lesson Plans)	2003	The Schizophrenia Society of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit <i>Real Game Series</i>	1999	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-Print
 The Right Choices: Skills for Life (includes Teacher's Guide)	1999	Sunburst Communications Inc.	Support 6, 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Secondhand Smoke	2003	McIntyre Media Limited	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 607591 \$220.95
Sexual Harassment <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455156 \$9.80
<i>Note: This resource supports human sexuality outcomes.</i>				


GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455164 \$17.55
<i>Note: This resource supports human sexuality outcomes.</i>				
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) <i>Lions-Quest: Skills for Growing</i>	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide				\$10.80 464777
Smart Options: You're Smarter Than You Think You Are! (Poster)				\$3.80 464769
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 464751 \$3.80
Smoking <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 6, 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
 Snacks: A Consumer's Guide	1997	McIntyre Media Limited	Support 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 607731 \$147.25
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Straight Talk about Mental Health: Image and Identity <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
 Straight Talk about Sexual Health: Choices and Consequences <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres

GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Stress <i>Everything You Need to Know About...</i>	2001	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 522690 \$24.75
Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 437576 \$3.10
Student Learning: Career Planner (Middle/Junior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC \$13.60 440503
Student Learning: Career Planner (Middle/Junior High School) - Package of 25				
 Supporting the Social Dimension: A Resource Guide for Teachers - Grades 7-12	2002	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 483735 \$8.90
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1-12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
Teen Suicide <i>Everything You Need to Know About...</i>	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442442 \$24.75
<i>Note: This resource supports human sexuality outcomes.</i>				
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Tobacco: Something to Chew On	1999	Omega Films Limited	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Tobacco X-Files <i>Gateway Drugs</i>	1999	Omega Films Limited	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453720 \$63.05
<i>Note: This resource supports human sexuality outcomes.</i>				

GRADE 7 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453738
<i>Note: This resource supports human sexuality outcomes.</i>				
 Today's Teen (7th Ed.) (Student Text)	2004	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 541236 \$71.35
 Today's Teen (7th Ed.): Teacher Wraparound Edition	2004	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 541690 \$113.05
Unsuitable Actions	1997	National Film Board	Support 7 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC
Taking Appropriate Actions Video Package (includes: Appropriate Actions; Unsuitable Actions)				\$114.50 468703
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
What's the Message? (Video)	1999	Marlin Motion Pictures Ltd.	Support 7 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
Your Life Your Choice Web Site « http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html »		Roberts & Associates	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Web Site)
Youth and Crime <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres





Part I: Resource List by Grade (K to Grade 9)

GRADE 8






Please Note:

This list is current as of March 2006. Additional resources are under review.





Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Abstinence First: Teen Birth Control Decisions (Version B)	2003	McIntyre Media Limited	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455883 \$38.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Accidents Happen <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Act Now... The Best You Can Be! Creative Wellness Solutions Program: School Resource Kit	2003	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 620759 \$326.15
 Act Now... The Best You Can Be! Teacher Resource Kit (©2004)	2004	Act Now Alberta Inc.	Authorized Teaching 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC / Publisher / Distributor
 Action: Alcohol, Cannabis and Tobacco Health Promotion Project for Youth School Kit	1996	Ontario Physical and Health Education Association (OPHEA)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00


GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Alberta Learning Information Service Web Site (ALIS) (http://www.alis.gov.ab.ca)	2003	Alberta Human Resources and Employment / Alberta Learning	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Web Site)
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community <i>Everything You Need to Know About...</i>	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442434 \$24.95
Assertiveness: "How Can I Say What I Mean?" <i>Perspectives on Relationships</i>	2000	Knowbuddy Resources	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438300 \$23.30
 Barb Tarbox: A Life Cut Short by Tobacco (Video, Print, Poster)	2003	AADAC Resource Development and Marketing	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Birth Control Methods: Facts and Figures	1998	Capital Health Community Health Promotion and Preventive Services	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 455198 \$23.40
<i>Note: This resource supports human sexuality outcomes.</i>				
Body Image <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Body Image Resource Collection (Kit) (Grades 7 - 9) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Buffed: The New Aesthetic <i>Twenty-First Century Series</i>	2001/2002	Magic Lantern Communications Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 607765 \$105.15
 Choosing Your Friends	2001	KineticVideoCom	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres



GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Cliques and Shunning <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Cool? Identity Drugs & Fitting In (Video with Facilitator's Manual)	2002 (manual)	AADAC Resource Development and Marketing	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Coping with Stress	1999	Omega Films Limited	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Creating Your Own Support System <i>Everything You Need to Know About...</i>	1996	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442426 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
 The Dark Side of Dating <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 565335 \$93.50
 The Dating Bill of Rights	2001	Films for the Humanities and Sciences	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Depression <i>Perspectives on Mental Health</i>	2000	Knowbuddy Resources	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438293 \$23.30
<i>Note: This resource supports human sexuality outcomes.</i>				
 Depression: On the Edge <i>In the Mix</i>	1998	Canadian Video Services (CVS) Inc.	Support 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct

GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Destination 2020: Build Your Work Skills (Youth Edition)	(2000)	Canada Career Consortium	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Destination 2020: Occupation Profiles (includes People Occupation Profiles; Information Occupation Profiles; Things Occupation Profiles)		National Life/Work Centre, Memramcook Institute	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Destination 2020: Occupation Profiles and Teacher's Guide				\$173.85 473588
Destination 2020: Teacher's Guide		National Life/Work Centre, Memramcook Institute	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Destination 2020: Occupation Profiles and Teacher's Guide				\$173.85 473588
Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441220 \$77.65
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441171 \$116.90
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
<i>Note: This resource supports human sexuality outcomes.</i>				
 Divorce: A Survival Guide for Kids	2002	KineticVideoCom	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 612665 \$133.60
Drug Abuse Everything You Need to Know About...	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442492 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
Effective Communication at School and at Work Everything You Need to Know About...	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442400 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
Exploring Your Horizons: Career and Personal Planning (Student Book)	1998	McGraw-Hill Ryerson Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 440917 \$34.60

GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Exploring Your Horizons: Career and Personal Planning: Teacher's Resource	1998	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 440925 \$80.80
Faces of Reality: Youth and Substance Use: The Making of a Commercial	2000	AADAC Resource Development and Marketing	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
50 Activities for Teaching Emotional Intelligence: Level II: Middle School <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 441163 \$33.35
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453986
Giving Back <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide) <i>Real People</i>	2001	KineticVideoCom	Authorized Teaching 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Having an Addictive Personality <i>Everything You Need to Know About...</i>	1998	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442418 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
 Health for Life 2: Teacher's Resource	2005	Pearson Education Canada Inc. A Division of Pearson Canada	Authorized Teaching 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC / Publisher / Distributor
Health Issues 8 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505555 \$18.40
Health Issues 8: Teacher's Resource (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505563 \$93.85
 Health for Life 2 (Student Text)	2005	Pearson Education Canada Inc.	Basic 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	





GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440305 \$36.45
 How Not to Be a Victim: Violence Prevention Real People	2003	KineticVideoCom	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct


GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide <i>Lions-Quest: Working Toward Peace</i>	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461426 \$6.40
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461434 \$7.70
Making Healthy Decisions: Family Life 1 (Student Book) <i>Making Healthy Decisions</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453960 \$16.20
Making Healthy Decisions: Family Life 1: Teacher's Guide <i>Making Healthy Decisions</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453978 \$40.45
More Than the Blues <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Alberta Milk	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 441238
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Nutrition: The Way We Eat: What Food Means	2001	Canadian Video Services (CVS) Inc.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Puberty for Boys: Amazing Changes Inside & Out: Teacher's Guide		Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres





GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Puberty for Boys: Amazing Changes Inside & Out (Video)		Marlin Motion Pictures Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Puberty for Girls: Amazing Changes Inside & Out: Teacher's Guide	2001	Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC
 Puberty for Girls: Amazing Changes Inside & Out (Video)	2001	Marlin Motion Pictures Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 510893 \$70.10
 Reaching Out: The Importance of Early Treatment (includes Video, Teacher's Guide, Lesson Plans)	2003	The Schizophrenia Society of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit <i>Real Game Series</i>	1999	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-Print
 Real People: Suicide and Depression	2002	kineticvideo.com	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 613142 \$208.55
Rumours and Gossip <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 8 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Sexual Harassment <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455156 \$9.80
<i>Note: This resource supports human sexuality outcomes.</i>				





GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455164 \$17.55
<i>Note: This resource supports human sexuality outcomes.</i>				
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) <i>Lions-Quest: Skills for Growing</i>	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide				\$10.80 464777
Smart Options: You're Smarter Than You Think You Are! (Poster)				\$3.80 464769
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 464751 \$3.80
Smoking: Truth or Dare? <i>Teen Files</i>	1998	Canadian Learning Company Inc.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 455875 \$150.60
 Snacks: A Consumer's Guide	1997	McIntyre Media Limited	Support 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 607731 \$147.25
Sports, Drugs and You	1999	Omega Films Limited	Support 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
STD: Taking Care of Yourself and Others	2000	Alberta Health - Disease Control and Prevention	Support 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
<i>Note: This resource supports human sexuality outcomes.</i>				
STD: Teaching Outline and Resource Guide	2000	Alberta Health - Disease Control and Prevention	Authorized Teaching 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
<i>Note: This resource supports human sexuality outcomes.</i>				
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct

GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Straight Talk about Mental Health: Image and Identity <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
 Straight Talk about Sexual Health: Choices and Consequences <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Street Cents: A Guide to Funding Your Education		Alberta Learning, Learner Assistance	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Stress <i>Everything You Need to Know About...</i>	2001	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 522690 \$24.75
 Stress <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 565343 \$93.50
Stress Management <i>Perspectives on Mental Health</i>	2000	Knowbuddy Resources	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438285 \$23.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 437576 \$3.10
Student Learning: Career Planner (Middle/Junior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Student Learning: Career Planner (Middle/Junior High School) - Package of 25				\$13.60 440503
Student Workshop: Learning Relationship Skills: Grades 5-9	1999	McIntyre Media Limited	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 476285 \$231.70
 Supporting the Social Dimension: A Resource Guide for Teachers - Grades 7-12	2002	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 483735 \$8.90

GRADE 8 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
 Teen Depression <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 565351 \$93.50
Teen Depression: You Are Not Alone <i>Teens at Risk</i>	2000	International Tele-film Enterprises	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 468729 \$58.40
Teen Suicide <i>Everything You Need to Know About...</i>	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442442 \$24.75
<i>Note: This resource supports human sexuality outcomes.</i>				
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453720 \$63.05
<i>Note: This resource supports human sexuality outcomes.</i>				
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453738
<i>Note: This resource supports human sexuality outcomes.</i>				
 Today's Teen (7th Ed.) (Student Text)	2004	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 541236 \$71.35
 Today's Teen (7th Ed.): Teacher Wraparound Edition	2004	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 541690 \$113.05
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
Your Life Your Choice Web Site « http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html »		Roberts & Associates	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Web Site)




Part I: Resource List by Grade (K to Grade 9)

GRADE 9

Please Note:

This list is current as of March 2006. Additional resources are under review.



Alberta Education strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Abstinence First: Teen Birth Control Decisions (Version B)	2003	McIntyre Media Limited	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455883 \$38.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Accidents Happen <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Action: Alcohol, Cannabis and Tobacco Health Promotion Project for Youth School Kit	1996	Ontario Physical and Health Education Association (OPHEA)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461799 \$10.00
 Alberta Learning Information Service Web Site (ALIS) (http://www.alis.gov.ab.ca)	2003	Alberta Human Resources and Employment / Alberta Learning	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Web Site)

GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community <i>Everything You Need to Know About...</i>	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442434 \$24.95
 Barb Tarbox: A Life Cut Short by Tobacco (Video, Print, Poster)	2003	AADAC Resource Development and Marketing	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
The Be Real Game: Facilitator's Kit: High School Edition Grades 9/10	1998	National Life/Work Centre, Memramcook Institute	Authorized Teaching 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 441155 \$341.85
<i>Note: This resource supports human sexuality outcomes.</i>				
Birth Control Methods: Facts and Figures	1998	Capital Health Community Health Promotion and Preventive Services	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 455198 \$23.40
<i>Note: This resource supports human sexuality outcomes.</i>				
Body Image <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Body Image Resource Collection (Kit) (Grades 7 - 9) (©2004) <i>Body Image Resource Collection</i>	2004	body image works inc.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct
 Buffed: The New Aesthetic <i>Twenty-First Century Series</i>	2001/2002	Magic Lantern Communications Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 607765 \$105.15
Conflict Resolution: A Winning Approach (Video with Teacher Notes)	1997	Classroom Video	Support 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Cool? Identity Drugs & Fitting In (Video with Facilitator's Manual)	2002 (manual)	AADAC Resource Development and Marketing	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)


GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Coping with Stress	1999	Omega Films Limited	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
<i>Note: This resource supports human sexuality outcomes.</i>				
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 472572 \$42.40
Creating Your Own Support System <i>Everything You Need to Know About...</i>	1996	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442426 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
 The Dark Side of Dating <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 565335 \$93.50
 The Dating Bill of Rights	2001	Films for the Humanities and Sciences	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Depression <i>Perspectives on Mental Health</i>	2000	Knowbuddy Resources	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438293 \$23.30
<i>Note: This resource supports human sexuality outcomes.</i>				
Destination 2020: Build Your Work Skills (Youth Edition)	(2000)	Canada Career Consortium	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Destination 2020: Occupation Profiles (includes People Occupation Profiles; Information Occupation Profiles; Things Occupation Profiles)		National Life/Work Centre, Memramcook Institute	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC
Destination 2020: Teacher's Guide		National Life/Work Centre, Memramcook Institute	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC

GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441220 \$77.65
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 441171 \$116.90
<i>Note: This resource supports human sexuality outcomes.</i>				
Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Out-of-Print
<i>Note: This resource supports human sexuality outcomes.</i>				
 Divorce: A Survival Guide for Kids	2002	KineticVideoCom	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 612665 \$133.60
Drug Abuse <i>Everything You Need to Know About...</i>	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442492 \$24.95
<i>Note: This resource supports human sexuality outcomes.</i>				
Effective Communication at School and at Work <i>Everything You Need to Know About...</i>	2000	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442400 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
Exploring Your Horizons: Career and Personal Planning (Student Book)	1998	McGraw-Hill Ryerson Ltd.	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 440917 \$34.60
Exploring Your Horizons: Career and Personal Planning: Teacher's Resource	1998	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 440925 \$80.80
Faces of Reality: Youth and Substance Use: The Making of a Commercial	2000	AADAC Resource Development and Marketing	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
50 Activities for Teaching Emotional Intelligence: Level II: Middle School <i>50 Activities for Teaching Emotional Intelligence</i>	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 441163 \$33.35
Flipping the World: Drugs Through a Blue Lens	2000	National Film Board of Canada	Support 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455114 \$57.90






GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Getting Dumped <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Having an Addictive Personality <i>Everything You Need to Know About...</i>	1998	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442418 \$28.40
<i>Note: This resource supports human sexuality outcomes.</i>				
Health Issues 9 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505589 \$18.40
Health Issues 9: Teacher's Resource Guide (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 505597 \$93.85
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 444521 \$6.80
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 440305 \$36.45
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 399148 \$31.55
Kids Having Kids <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
 Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation	2002	Alberta Learning – Learning and Teaching Resources Branch	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 475964 \$26.85




GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Let's Party <i>You, Me & the Kids: The Teen Years</i>		Filmwest Associates Distribution Ltd.	Support 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	ACCESS-The Education Station / Regional Resource and Urban Media Centres
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 465238 \$113.20
<i>Note: This resource supports human sexuality outcomes.</i>				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458142 \$40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 458150 \$9.80
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide <i>Lions-Quest: Working Toward Peace</i>	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461426 \$6.40
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 461434 \$7.70
Making Decisions and Being Assertive: Knowing Your Mind, Speaking Your Mind	2000	Classroom Video	Support 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453762 \$98.20





GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Alberta Milk	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Out-of-print 441238
 Nutrition Resource Kits: Kindergarten to Grade 9 (Website)	[2006]	David Thompson Health Region	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Website
 Nutrition: The Way We Eat: What Food Means	2001	Canadian Video Services (CVS) Inc.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Planning for Post-Secondary Studies: Grade Nine Student Guide	2004	Alberta Human Resources and Employment (AHRE) – Communications	Support 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC (Available Free of Charge) 586399 \$0.00
 Reaching Out: The Importance of Early Treatment (includes Video, Teacher's Guide, Lesson Plans)	2003	The Schizophrenia Society of Canada	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
 Real People: Suicide and Depression	2002	kineticvideo.com	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 613142 \$208.55
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455156 \$9.80
<i>Note: This resource supports human sexuality outcomes.</i>				
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 455164 \$17.55
<i>Note: This resource supports human sexuality outcomes.</i>				
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) <i>Lions-Quest: Skills for Growing</i>	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC


GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 464751 \$3.80
Smoking: Truth or Dare? <i>Teen Files</i>	1998	Canadian Learning Company Inc.	Support 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 455875 \$150.60
Spare Time, Spare Cash	1996	AADAC Resource Development and Marketing	Support 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Available Free of Charge)
 Straight Talk about Mental Health: Image and Identity <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
 Straight Talk about Sexual Health: Choices and Consequences <i>Straight Talk Series</i>	2001	Magic Lantern Communications Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	ACCESS—The Education Station / Regional Resource and Urban Media Centres
Street Cents: A Guide to Funding Your Education		Alberta Learning, Learner Assistance	Support 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Stress <i>Everything You Need to Know About...</i>	2001	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 522690 \$24.75
 Stress <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 565343 \$93.50
Stress Management <i>Perspectives on Mental Health</i> <i>Note: This resource supports human sexuality outcomes.</i>	2000	Knowbuddy Resources	Authorized Teaching 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 438285 \$23.30
Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 437576 \$3.10

GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Student Learning: Career Planner (Middle/Junior High School) <i>Career Plan-It</i>	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 <input type="radio"/> GO1 <input type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC \$13.60 440503
Student Learning: Career Planner (Middle/Junior High School) - Package of 25				
Student Workshop: Learning Relationship Skills: Grades 5–9	1999	McIntyre Media Limited	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 476285 \$231.70
 Supporting the Social Dimension: A Resource Guide for Teachers - Grades 7-12	2002	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 483735 \$8.90
Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC 467747 \$11.00
 Teen Depression <i>Real Life Teen Series</i>	2002	Visual Education Centre	Support 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC \$65351 \$93.50
Teen Depression: You Are Not Alone <i>Teens at Risk</i>	2000	International Telefilm Enterprises	Authorized Teaching 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	LRC 468729 \$58.40
Teen Suicide <i>Everything You Need to Know About...</i>	1999	Saunders Book Company	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 442442 \$24.75
<i>Note: This resource supports human sexuality outcomes.</i>				
 Tobacco Education Program: Teacher Resource Manual	2004	Education, Culture & Employment, Early Childhood and School Services	Authorized Teaching 3, 4, 5, 6, 7, 8, 9 <input checked="" type="radio"/> GO1 <input type="radio"/> GO2 <input type="radio"/> GO3	LRC / Publisher / Distributor
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 453720 \$63.05
<i>Note: This resource supports human sexuality outcomes.</i>				
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Out-of-print 453738
<i>Note: This resource supports human sexuality outcomes.</i>				
 Today's Teen (7th Ed.) (Student Text)	2004	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC \$41236 \$71.35

GRADE 9 (continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
 Today's Teen (7th Ed.): Teacher Wraparound Edition	2004	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 541690 \$113.05
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 <input type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	LRC 438798 \$51.05
When Choices Collide (Videocassette and Discussion Guide)	1999	AADAC Resource Development and Marketing	Authorized Teaching 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Available Free of Charge)
When Choices Collide (Windows / Macintosh CD-ROM)	2001	AADAC Resource Development and Marketing	Authorized Teaching 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input checked="" type="radio"/> GO3	Vendor Direct (Available Free of Charge)
Your Life Your Choice Web Site « http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html »		Roberts & Associates	Support 7, 8, 9 <input checked="" type="radio"/> GO1 <input checked="" type="radio"/> GO2 <input type="radio"/> GO3	Vendor Direct (Web Site)

Health and Life Skills

Part II: Annotated Bibliography (listed alphabetically by title)

March 2006

Part II: Annotated Bibliography (alphabetical listing)

LRC Order No.: Est. Price:

Abstinence First: Teen Birth Control Decisions (Version B)

Authorized Teaching Resource Grades 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20899 01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓	✓	✓	✓			

This 29-minute video and teacher's guide gives viewers information on current methods of birth control, stressing that the only 100 percent effective method is abstinence. Implications of becoming sexually active are addressed. The video is narrated by several teenagers and a medical doctor.

Comments:

- This resource is directed at the teenaged audience and involves them over the 29-minute viewing.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©2003

Abstinence: Pick and Choose Activities for Grades 7-12

Authorized Teaching Resource Grades 7, 8, 9

455883

\$38.30

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓	✓	✓				

This resource is designed to provide teachers with classroom activities they can use to promote sexual abstinence. The activities focus on the areas of self-esteem, interpersonal relationships, decision-making skills and life planning.

Comments:

- Numerous activity sheets are included.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©1996 Author(s): Young, M.; Young, T.

You, Me & the Kids: The Teen Years**Accidents Happen**

Support Resource Grades 8, 9

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20306-49

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			
			Learning Strategies	Life Roles and Career Development	Volunteerism

This 24-minute program addresses some of the challenges a teen has when facing a disability.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Act Now... The Best You Can Be! Creative Wellness Solutions Program: School Resource Kit 620759 \$326.15

Authorized Teaching Resource Grades 6, 7, 8

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓	✓	
			Learning Strategies	Life Roles and Career Development	Volunteerism

School Resource Kit - This Canadian-produced resource consists of a video and binder with materials of use to health teachers. Lesson plans and class activities allow teachers to present a program that focuses on healthy activity, air, appetite and attitude for middle school grades.

Healthy Living in Action! - This personal wellness guide focuses on three key messages: healthy activity, healthy appetite and healthy attitude. It includes tips, information, quizzes and suggestions that will help lead to healthier choices. The guide uses Canadian Olympic athletes as motivators.

Act Now: The Best You Can Be! Schools Resource Kit Quick Reference Booklet - This teacher booklet is a companion to the Act Now Schools Resource Binder but could be used on its own. It contains lesson plans that relate to the three main topics of healthy activity, appetite and air. Lessons include stated purposes, time allotment, materials used and step-by-step instructions. A section for advisory and/or homeroom groups is also included.

Comments:

- The kit teams the school with Canadian Olympic athletes for motivation and could be used by homeroom teachers as well as health teachers.

© 2003 Author(s): Corrigan-Elliott, B.

Pending

Act Now.... The Best You Can Be! Teacher Resource Kit (©2004)

Authorized Teaching Resource Grades 6, 7, 8

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓	✓	✓
				Learning Strategies	Life Roles and Career Development
					Volunteerism

The 2004 revision consists of a teacher resource binder that contains lesson plans and student activities as well as a DVD that focuses on nutrition and includes a challenge activity about foods that would appeal to young people.

Comments:

- The binder contains much of the information and activities featured in the 2003 version but makes reference to the "Amazing Trek Web Site", which has not been reviewed or authorized by Alberta Education.

©2004 Author(s): Corrigan-Elliott, B.

Action: Alcohol, Cannabis and Tobacco Health Promotion Project for Youth School Kit

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					✓
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This two-part action kit provides a teacher resource and interactive student CD-ROM that explore the topics of smoking, drugs and alcohol. The Action Teacher Kit is designed for a wide audience, including youth, school, parents and community. It seeks to inform and give strategies for alcohol, cannabis and tobacco health promotion. The student CD-ROM contains factual information, presented in short vignettes, a maze game and a decision-making model designed to help students make good decisions in a variety of contexts. The CD-ROM also investigates media messages and influences upon youth.

©1996

Ontario Physical and Health Education Association (OPHEA); Suite 501-1185 Eglinton Avenue East, TORONTO, ON M3C 3C6
Telephone: 416-426-7120

The Adventures of Dowzer (Fire and Burn Prevention Program)

Authorized Teaching Resource Grades 2, 3, 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

The Dowzer Program is a fire and burn prevention program. It has two main components: "The Adventures of Dowzer" storybook and "The Adventures of Dowzer" series consisting of eight case study storybooks. Titles of the case study storybooks are: Smoke Alarms; Escape Plans; Calling the Fire Department; Cool the Burn; Water Burns; A Hazardous Situation; Put a Lid On It; and So What? Each booklet concludes with a final review report, action checklist and a follow-up activity. The program also contains a CD which is an audio recording of "The Adventures of Dowzer" storybook. It is printed and produced in Edmonton, Alberta.

Comments:

- Gender and racial diversity.

Sensitive Issues:

- Teachers should be aware that some students may identify with Dowzer the dog, and see rushing into a burning building to save another person as a heroic act.

©1999

The Alberta Framework of Essential Competencies for Working, Learning and Living

- Alberta Framework of Essential Competencies for Working Learning and Living: Action Planner 461799 \$10.00

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓		✓	✓	✓	✓	✓

The Action Planner is a teacher resource guide of student activities for essential competencies. It accompanies the Essential Competencies Framework, a resource to assist teachers in the assessment and identification of essential competencies for being successful in learning, work, and everyday living environments. The framework performance indicators are a series of individual portfolios detailing individual competencies. Each competency has bands of five levels of performance indicators. The framework is a series of individual portfolios detailing individual competencies.

©(2001)

Alberta Learning Information Service Web Site (ALIS) (<http://www.alis.gov.ab.ca>)

Support Resource Grades 7, 8, 9

Internet

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
				✓	✓
					Volunteerism

This Web site provides current information about career, learning and employment services in Alberta and Canada as well as Alberta occupational profiles and labour market data. It features a section on Alberta post-secondary education and training and provides information about student finances; e.g., scholarships, bursaries. Transfer and assessment facts are also outlined.

Sensitive Issues:

- This web resource contains links that have not been reviewed or authorized by Alberta Education. Teachers, for their own protection, should review the current status of the web sites identified in these links, including documents in these web sites, to ensure that the sites contain accurate and appropriate information.

©2003 Author(s): Alberta Learning and Alberta Human Resources and Employment

People, Skills and Workplace Resources, Alberta Human Resources and Employment (AHRE)
12th floor Seventh Street Plaza, 10030 - 107 Street, EDMONTON AB T5J 3E4
Telephone: 800-232-7215; 780-415-0733

Alcohol: It's Not for Me

Support Resource Grade 3

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20347-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This 10-minute video conveys information on alcohol use and abuse. Young children are placed in a decision-making role regarding alcohol offered by older children. The program outlines the physiological effects of drinking, especially on children or youth. Significant adults are identified as a potential source of help if a problem develops.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©1998

• Appropriate Actions
• Taking Appropriate Actions Video Package (includes "Appropriate Actions" & "Unsuitable Actions")

Authorized Teaching Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This 23-minute video is intended as a springboard for teachers and staff to begin discussing and developing policies and practices regarding harassment in school. It defines harassment and sexism, addresses the impact on students, identifies legal implications for all educational stakeholders and outlines teacher strategies to deal with this issue. Some excellent questions are raised and discussed. Video clips and legal advice are from a Canadian perspective. Types of harassment discussed include homophobia, gender and race harassment. The video gives a practical plan of action for the school and specific practices for classroom teachers. This topic needs to be addressed because it involves and influences school climate.

Comments:

- Could be used at a staff meeting, or professional development day.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The topic of homophobia is briefly discussed.

© 1998

438300 \$23.30

**Perspectives on Relationships
Assertiveness: "How Can I Say What I Mean?"**

Support Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓	✓				

This book looks at relating to others from the perspective that assertiveness can be considered one of the qualities that helps young people become mature, responsible adults. It explores related topics and offers opportunities for personal reflection and strategies in dealing with pertinent issues. A glossary is included.

Comments:

- Gender balance and ethnic diversity are present.
- The images and scenarios reflect middle-income values and attitudes only.
- There is a lack of interaction between teens and other age groups.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2000 Author(s): Havelin, K.

Barb Tarbox: A Life Cut Short by Tobacco (Video, Print, Poster)

Authorized Teaching Resource Grades 6, 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This 16-minute video features Barb Tarbox, a woman with terminal lung cancer who speaks to students about the dangers of smoking. The video captures the spirit of her presentations and includes interviews with Barb. The video guide includes discussion questions and a newspaper insert. This video is part of the youth prevention component of the Alberta Tobacco Reduction Strategy.

Sensitive Issues:

- The video includes emotional speeches and interviews that may be disturbing for some students.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2003

AADAC Resource Development and Marketing; 2nd Floor—10909 Jasper Avenue NW, EDMONTON AB T5J 3M9

Telephone: 780-422-2794

Be Cool, Play it Safe: A Children's Safety Video

Support Resource Grades 1, 2, 3

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			

This engaging 43-minute video contains a series of safety vignettes suitable for the primary level; e.g. bus, pedestrian, bicycle, fire and water safety.

Comments:

- A gender balance is portrayed.
- A racial/ethnic balance also exists.

Sensitive Issues:

- Contains short segments on drug abuse prevention and gun safety; however, the content is not controversial.

© 1999

Canadian Video Services (CVS) Inc.; 18 Banigan Drive, Toronto, ON M4H 1E9

Telephone: 800-263-1258; 416-925-5857

The Be Real Game: Facilitator's Kit: High School Edition Grades 9/10

441155 \$344.85

Authorized Teaching Resource Grade 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes

This resource, presented in a game format, deals with career and life choices. The flexible program consists of varied learning and teaching tools organized as activity-oriented themed sessions. The kit includes colourful overheads, role situation cards, discussion topics and blackline masters.

Comments:

- There are opportunities for curriculum integration.

- A high school version, directed at Grades 11 and 12, will be available in the near future.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1998 Author(s): Barry, B.

Be Safe Around Food

Support Resource Grades K, 1

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

This 12-minute video effectively demonstrates positive health habits regarding hand washing, and food preparation and consumption.

Comments:

- Demonstrates visual examples of healthy food preparation practices.

©2000

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3

Telephone: 888-260-2232 ; 905-890-1500 E-mail: pamela@marlineducation.com

Out-of-print

Birth Control Methods: Facts and Figures

Authorized Teaching Resource Grades 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓				

This locally-developed manual provides teachers with current information about birth control, STDs and human sexuality. Information is divided into four sections: contraception; statistics about teenage pregnancy, live birth and abortion rates; chlamydia and gonorrhea; teaching sheets addressing common questions and issues in sexual health.

Sensitive Issues:

- Falls within the guidelines of the curriculum; however, teachers must be sensitive to individual values.
- The inclusion of "how to" and the bias on natural methods may make this unsuitable for some schools; e.g. Catholic schools.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

©1998

**You, Me & the Kids: The Teen Years
Body Image**

Support Resource Grades 7, 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20306-31

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute program deals with the struggle many teens have to look, act and feel cool.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Body Image Resource Collection

Body Image Resource Collection (Kit) (Grades K - 3) (©2004)

Authorized Teaching Resource Grades K, 1, 2, 3

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

The revised kits, developed in 2004, are smaller and less cumbersome than the older kits. The interactive resource collection consists of varied components, such as puppets, games, story books and a videocassette, which, along with the teacher's guide, provide information about topics related to body image. The lesson plans, which focus on wellness, include background information, transparencies and student activities.

Comments:

- This resource series is also an authorized teaching resource for physical education.

©2004 Author(s): Ryeder, S. et. al.

body image works inc.; PO Box 34117 RPO, CALGARY AB T3C 3W2

Telephone: 403-243-5383

Body Image Resource Collection**Body Image Resource Collection (Kit) (Grades 4 - 6) (©2004)**

Authorized Teaching Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓		

The revised kits, developed in 2004, are smaller and less cumbersome than the older kits. The interactive resource collection consists of varied components, such as puppets, games, story books and a videocassette, which, along with the teacher's guide, provide information about topics related to body image. The lesson plans, which focus on wellness, include background information, transparencies and student activities.

Comments:

- This resource series is also an authorized teaching resource for physical education.

©2004 Author(s): Ryeder, S. et. al.

body image works inc.; PO Box 34117 RPO, CALGARY AB T3C 3W2

Telephone: 403-243-5383

Body Image Resource Collection**Body Image Resource Collection (Kit) (Grades 7 - 9) (©2004)**

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓		

The revised kits, developed in 2004, are smaller and less cumbersome than the older kits. The interactive resource collection consists of varied components, such as puppets, games, story books and a videocassette, which, along with the teacher's guide, provide information about topics related to body image. The lesson plans, which focus on wellness, include background information, transparencies and student activities.

Comments:

- This resource series is also an authorized teaching resource for physical education.


©2004 Author(s): Ryeder, S. et. al.

body image works inc.; PO Box 34117 RPO, CALGARY AB T3C 3W2

Telephone: 403-243-5383

Twenty-First Century Series**Buffed: The New Aesthetic**

Support Resource Grades 8, 9

607765**\$105.15**



General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
			Learning Strategies	Life Roles and Career Development	Volunteerism

This 20-minute video discusses the new buffed or body sculpted look and whether it is good for young girls. It uses teen idols, including Janet Jackson, Jennifer Lopez and Drew Barrymore, to promote the message of daily exercise. Young girls are interviewed and discuss their views on daily exercise and self-esteem.

©2001/2002

Bugs for Breakfast: Food & Culture (includes Teacher's Guide)

Support Resource Grade 7


ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20323-01


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
			Learning Strategies	Life Roles and Career Development	Volunteerism

This 19-minute video provides a multicultural, historical perspective about why we eat the foods we do. The video covers topics, such as survival, tastes, culture, taboos, future foods and gender foods. An accompanying booklet contains a summary and video transcript highlights.

Canada A.M. Series**Building Teen Self Esteem**

Support Resource Grades 6, 7

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 2064801


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		
			Learning Strategies	Life Roles and Career Development	Volunteerism

A talk-show format, 28-minute video with Olympic athlete, Mark Tewksbury, and Olympic coach, Debbie Muir, shows five workshops in progress with teens. The main focus is on defining and working toward achieving goals.

©2001

LRC Order No.: Est. Price:
511289 \$272.25

The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9

Authorized Teaching Resource Grades K, 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteering
	✓	✓						

The C.A.R.E. Kit, produced by the Red Cross, is a personal safety program designed for students aged 5-9, specifically addressing sexual abuse. The kit contains colourful posters, a puppet, discussion cards, a children's story book, bookmarks, teacher's resource guide and teacher helps. The teacher's guide includes a section on teaching students with special needs about sexual abuse. The Red Cross highly recommends training prior to the use of the kit and that training is available by contacting a RespectedED Coordinator in either of the Edmonton or Calgary offices.

Sensitive Issues:

- This resource deals with sexual abuse. Alberta Education strongly recommends that teachers preview the resource before use in the classroom.
- Careful consideration should be given to the sensitivities of both the student audience and the community.
- Teacher training and/or the presence of a counsellor during presentations is recommended.

©2002

LRC Order No.: Est. Price:

Career Explorations Series

- **Athletic Trainer**
- **Director: Film, TV, Radio, and Stage**
- **Graphic Designer**
- **Licensed Practical Nurse**
- **Marine Biologist**
- **Mechanical Drafter**
- **Pediatrician**

439556 **\$23.30**
439564 **\$23.30**

Out-of-print
Out-of-print
Out-of-print

439548 **\$23.30**
Out-of-print

Support Resource Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	

This series provides students with a concise and informative description of several occupations. The information is carefully indexed and contains bright illustrations. A glossary of useful addresses and Internet sites provides the user with an opportunity to pursue further research in each occupation.

Comments:

- Both Canadian and American qualifications are given.
- These books may be placed in a center for information on careers.
- The additional information sources and Internet sites listed have not been reviewed by Alberta Education.

Sensitive Issues:

- No individuals with visible disabilities are depicted in the workforce. Teachers may obtain information about this topic from the "Employabilities" Agency in Edmonton.

©2000 Author(s): Voeller, E.

Career Plan-It

- **Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School)** 437576 \$3.10
- **Student Learning: Career Planner (Middle/Junior High School)** 440503 \$13.60
(Pkg. of 25)

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
							✓

This information booklet is designed to assist secondary school educators in implementing the Student Learning: Career Planner. The booklet provides the background information needed to assist students in using the "Career Scan-It" personal folder as a foundation for developing and enhancing a personal career portfolio.

Comments:

- This resource was developed for Alberta schools.

©2000

- **Caring and Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility** 438764 \$51.05

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
			✓	✓	✓	✓	✓

This teacher's resource addresses issues of kindness, tolerance, respect, service to others, responsibility, self-control, and ethical decision making. It includes well-formatted lessons that state objectives, materials, activities and discussion questions.

©1996 Author(s): Williams, L. et al.

Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This guide places an emphasis on teaching responsibility and trustworthiness in students. Activities presented could be used with students in developing effective interpersonal skills and learning strategies. The format of the lessons identifies purpose, materials needed and activities to reinforce objectives or outcomes.

Comments:

- American content could be supplemented with Canadian material.

Sensitive Issues:

- Some American statistics may be disturbing to some families.

©2000 Author(s): Borba, M.

Child Traffic Safety: Resource Guide for Educators, Parents and the Community (Includes: Traffic Safety Workbook - Book One (K-Grade 1); Traffic Safety Workbook - Book Two (Grade 2-3); A

Traffic Safety Toolkit for Your Brain - Book Three (Grade 4-6))

Pending

Authorized Teaching Resource Grades 1, 2, 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This teacher's guide focuses on traffic, bus, bicycle and inline skating safety. The program uses a comprehensive school approach as well as family and community approaches.

©(2003)

Choosing Your Friends

Support Resource Grades 7, 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20913 01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
	Safety and Responsibility		✓		Volunteerism

This 20-minute video features short vignettes about the early influence by peers on young teens. Students are asked to think and talk about numerous issues of interest to this age group.

©2001

Clean Kids

Support Resource Grades K, 1

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20211-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	Safety and Responsibility				Volunteerism

This 15-minute video has the "Clean Kids" club monitoring their neighborhood friends to avoid one personal hygiene crisis after another. Advice is given regarding positive hygiene and health care habits such as handwashing, dental care and bathing/showering. It includes a brief instructional guide with discussion questions and follow-up classroom activities.

Comments:

- Gender balance and ethnic diversity are depicted.

©1998

**You, Me & the Kids: The Teen Years
Cliques and Shunning**

Support Resource Grades 7, 8

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20306-01

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
✓	✓	✓	✓	✓	✓	✓	✓

This 24-minute video features a discussion with teen groups who define clique behaviours and offer strategies for breaking the boundaries.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Conflict Resolution Library

• Dealing with Anger (Grades 2, 3)	440082	\$17.05
• Dealing with Bullying (Grade 2)	440066	\$16.95
• Dealing with Fighting (Grade 3)	440115	\$16.95
• Dealing with Hurt Feelings (Grade 2)	440074	\$16.95
• Dealing with Teasing (Grades 2, 3)	440107	\$16.95

Support Resource

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
			✓	✓	✓		

This series looks at how to deal with conflict resolution using varied strategies and techniques that focus on students working it out themselves, and/or calling on others (adults, friends) for assistance when needed.

Comments:

- The resource uses positive role models depicting racial diversity.
- A glossary of applicable words is included.

© 1996 Author(s): Johnston, M.

Conflict Resolution: A Winning Approach (Video with Teacher Notes)

Support Resource Grade 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20601-01

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
✓		✓	✓	✓			Volunteerism

This Canadian-produced program examines conflict-resolution strategies. Skills covered are active listening, assertiveness, a "win-win" approach, and designing solutions. It dramatizes the story of a teenage boy having communication problems with his mother and a friend.

Comments:

- Situations shown in this video focus on high school students.
- The resource could be used as a lead-in to classroom role-plays.

© 1997

Cool? Identity Drugs & Fitting In (Video with Facilitator's Manual)

Support Resource Grades 8, 9

Vendor Direct

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
✓		✓	✓	✓	✓		Volunteerism

This 23-minute AADAC video and facilitator's manual explore issues around "being cool" and examine how drug issues and identity-seeking behaviours can become intertwined. The video is filmed from a teen's point of view and encourages youth to reflect on and discuss issues related to personal identity, fitting in and substance use. The manual includes background information and six lesson plans.

© 2002 (manual); 2003

AADAC Resource Development and Marketing; 2nd Floor—10909 Jasper Avenue NW, EDMONTON AB T5J 3M9

Telephone: 780-422-2794

Coping with Stress

Support Resource Grades 7, 8, 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20348-01

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
✓	✓		✓	✓	✓		Volunteerism

This 15-minute video addresses the value of living a balanced healthy lifestyle. It deals with stress in the following parts: what stress is; the consequences of stress; common stresses of young people, and coping strategies. It discusses topics such as substance abuse, violence, time management, stress and suicide, and demonstrates positive ways of coping with stressful situations.

Comments:

- Gender balance and ethnic diversity are depicted.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The topics of suicide and human sexuality are discussed in this resource.
- This resource supports human sexuality outcomes.
- A counsellor may need to be available for any student who is distressed by this video.

©1999

Courtesy Counts

Support Resource Grade 1

Vendor Direct

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
			✓	✓	✓		Volunteerism

This 14-minute video focuses on the teaching of manners and etiquette in positive interactions with people of all ages. It includes manners such as taking turns, respecting differences, and being a helper.

Comments:

- Gender balance and ethnic diversity are portrayed.
- A Teacher's Guide is included.

©1999

Magic Lantern Communications Ltd.; 3–8755 Ash Street, VANCOUVER, BC V6P 6T3

Telephone: 800–263–1818; 604–324–2600 E-mail: nkirkwood@magiclantern.ca

Courtesy Counts a Lot
Support Resource Grade K

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20349-01

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓	✓	✓		Life Roles and Career Development

This 10-minute video shows a group of children viewing a cartoon on good manners. The cartoon has several brief vignettes covering greetings, asking for things, and using please and thank you. A brief study guide outlining the program content and discussion questions is included.

Comments:

- Ethnic diversity is represented, as is gender balance.

© 1998

Creating Healthy School Communities through Comprehensive School Health: An Implementation 472572 \$42.40
Guide for Education/Health Systems and School Communities

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓	✓	✓		Life Roles and Career Development

This resource centers on the involvement of stakeholders in creating a healthy school climate. A video and teacher's guide focus on the four basic issues of nutrition, physical activity, self-esteem and tobacco. The framework exists for the pursuit of many other issues, depending on the needs of the community or school.

Comments:

- Whole community approach.
- Produced in Alberta, focusing on Alberta and Canadian health facts.
- Tools for assessment and collaboration between stakeholders are included in this approach.

© 2000

Real Life Teen Series**The Dark Side of Dating**

Support Resource Grades 8, 9

565335**\$93.50**

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	✓	✓	✓	✓	✓

This is a series of three videos for the grades 8 to 12 audience on the topics of stress, depression and dating. Each 20-minute video delves into the topic through teen interviews and discussions. Positive, helpful sources of support are recommended. This American-produced series is very transferable to a Canadian teen audience.

© 2002

The Dating Bill of Rights

Support Resource Grades 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 2065101

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	✓	✓	✓	✓	✓

This 26-minute video is useful as an introduction to dating relationships. Skits, dialogue and quizzes engage the audience and present sensitive material in an involving format.

Comments:

- The content of the video includes guidelines regarding respect, sexual stereotypes, preventing violence and how to break up a relationship.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2001

LRC Order No.: Est. Price:

Dental Health Series

- **Brushing Well**
- **Food for Healthy Teeth**
- **Going to the Dentist**
- **Your Teeth**

Support Resource Grades K, 1

440058 **\$14.70**
440032 **\$14.70**
Out-of-print
Out-of-print

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			

This series of four books outlines four steps relating to dental health: Going to the Dentist; Food for Healthy Teeth; Your Teeth; and Brushing Well. The books are colourful and include age appropriate pictures and relevant vocabulary.

Comments:

- Cultural diversity is depicted throughout.
- Additional listed resources are American only.

© 1999 Author(s): Frost, H.

In the Mix

Depression: On the Edge

Support Resource Grade 8

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		

This 30-minute video focuses on teen issues around depression and suicide in a rural small town. Both male and female perspectives—caucasian and Aboriginal—are represented. Strategies and resources are given to students in a practical but professional format, from a child psychologist's perspective. The video covers specific outcome R8.1 very well.

Sensitive Issues:

- The topic of suicide is a focus of the video but is covered sensitively and explained by a professional.

© 1998

Canadian Video Services (CVS) Inc.; 116 Geary Avenue, Unit 206, TORONTO, ON M6H 4H1

Telephone: 800-263-1258; 416-751-8016

LRC Order No.: Est. Price:

Discover Health

- Discover Health (Student Text)
- Discover Health: Teacher's Edition
- Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)

Support Resource Grades 7, 8, 9

441220 \$77.65
441171 \$116.90
Out-of-print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			

A colourful, easy to read, high interest and comprehensive health text. The layout and design are conducive to active learning and aid ease of application. Clear learning strategies are provided in the introduction. The resource includes numerous comprehension, critical thinking and vocabulary activities, questions and exercises. Overall, this resource reinforces individualism and promotes self-esteem in a positive manner.

Comments:

- The Consumer Health chapter has a strong American slant.
- Career general objectives are weakly integrated throughout the text and are not covered in their entirety.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1999

Divorce: A Survival Guide for Kids

Support Resource Grades 7, 8, 9

612665 \$133.60

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 15-minute video examines divorce and its impact on children. Teens, parents and psychologists offer their viewpoints. The video discusses the emotional stages one goes through as part of coping with a divorce and focuses on the need for support systems to help work through each stage, including friends, family and programs, such as Rainbows.

© 2002

You, Me & the Kids: The Teen Years
Drugs: Coming to a Neighbourhood Near You
 Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
 BPN 20306-17

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

The teens featured in this 24-minute program find out how easy it is to get drugs. Many drugs, manufactured in the suburbs, are given away free in order to get kids hooked. Health experts discuss the pressures and realities associated with drugs.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

*Everything You Need to Know About... Series***• The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community****• Creating Your Own Support System****• The Dangers of Tattooing and Body Piercing****• Drug Abuse****• Effective Communication at School and at Work****• Grieving****• Having an Addictive Personality****• Sports Injuries****• Stress****• Teen Suicide**

Support Resource Grades 7, 8, 9

442434	\$24.95
442426	\$24.95
Out-of-Print	
442492	\$24.95
442400	\$28.40
Out-of-Print	
442418	\$28.40
Out-of-Print	
Out-of-Print	
442442	\$24.75

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

This series relates to all three general outcomes of the Alberta Health and Life Skills Curriculum. The format of each book is consistent and thus makes it easy to find information. Scenarios dispersed throughout each book represent situations in students' everyday lives at home, school, community and workplace.

Comments:

- These scenarios would be useful for discussion starters.
- A glossary, a "Where to Go for Help" section (both American and Canadian), and Web sites are included in each book, but these have not been authorized by Alberta Education.
- Some of the information and a few of the photographs are dated.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Some sections of some books support human sexuality outcomes.
- Emphasis should be placed on the fact that in terms of abusive relationships, both genders could be victims and/or abusers.

©2000 Author(s): Cefrey, H.

Exploring Your Horizons: Career and Personal Planning• **Exploring Your Horizons: Career and Personal Planning (Student Book)****440917 \$37.70**• **Exploring Your Horizons: Career and Personal Planning: Teacher's Resource****440925 \$88.00**

Support Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓					✓	✓	✓	✓

This resource contains current Canadian information on career planning. Students can work through a variety of self-assessment activities, consider different education and career pathways, learn how to set up a resource network, find out about experiencing the community as a workplace, and begin to establish a career route. The resource includes colourful cartoons and illustrations, case studies, individual profiles, and a variety of student activities such role-playing, goal setting and reflective questions. There are suggestions and activities throughout the text to help students build their personal portfolios.

Comments:

- Gender and ethnic balances are depicted.

Sensitive Issues:

- Some concerns with Freedom of Information and Protection of Privacy legislation may result from a number of suggested activities.

©1998 Author(s): Misener, J.; Butler, S.

Faces of Reality: Youth and Substance Use: The Making of a Commercial

Support Resource Grades 8, 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓		✓				

This 23-minute video features four teens, from various backgrounds, giving their personal stories about how they developed drug and/or alcohol dependencies.

Comments:

- The focus is on how dependencies developed, and on how they have given up the use of the substances.
- Information on substance abuse, relationships, suicide, and support services is included.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2000

AADAC Resource Development and Marketing; Suite 200--Pacific Plaza, 10909 Jasper Avenue, EDMONTON AB T5J 3M9

Telephone: 780-422-2794

Feelings and Faces

Support Resource Grades K, 1

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓	✓	

This animated 29-minute video focuses on feelings: how to recognize them, their effects upon us, and how to deal with them. The program presents 16 children's faces, each expressing a feeling or particular emotion, a multiple choice test that asks students to name the feeling, and a repetition of the earlier segment with a counselor's explanation of each feeling.

Sensitive Issues:

- Sensitivity to a display of emotions exists in some cultures.

© 1999

Omega Films Limited; Unit 23-585 Middlefield Road, SCARBOROUGH, ON M1V 4Y5

Telephone: 800-663-4238; 416-291-4733 E-mail: omega@baloo.com

50 Activities for Teaching Emotional Intelligence**50 Activities for Teaching Emotional Intelligence: Level I: Elementary**

Authorized Teaching Resource Grades 1, 2, 3, 4, 5, 6

438805 \$39.60

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓	✓	✓

From the framework of Emotional Intelligence, this teacher resource focuses on self-awareness, managing feelings, decision-making, managing stress, self-concept, personal responsibility, empathy, communication, group dynamics and conflict resolution. A variety of student activities provide opportunities for both personal reflection and group development skills.

Comments:

- Fifty activities are presented for each level.
- There are three different books, one for each of elementary, middle school and high school.

Sensitive Issues:

- Visualization and meditation techniques are discussed, but could easily be omitted by the classroom teacher if problematic for a community.

© 1996 Author(s): Shilling, D.

50 Activities for Teaching Emotional Intelligence**50 Activities for Teaching Emotional Intelligence: Level II: Middle School****441163 \$33.35**

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓	✓	✓
Learning Strategies		Life Roles and Career Development		Volunteerism	
✓		✓		✓	

From the framework of Emotional Intelligence, this teacher resource focuses on self-awareness, managing feelings, decision-making, managing stress, self-concept, personal responsibility, empathy, communication, group dynamics and conflict resolution. A variety of student activities provide opportunities for both personal reflection and group development skills.

Comments:

- Fifty activities are presented for each level.
- There are three different books, one for each of elementary, middle school and high school.

Sensitive Issues:

- Visualization and meditation techniques are discussed, but could easily be omitted by the classroom teacher if problematic for a community.

© 1996 Author(s): Shilling, D.

Look and Learn**A First Book about Bodies****438946 \$18.85**

Support Resource Grade 1

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓				
Learning Strategies		Life Roles and Career Development		Volunteerism	

This book is an introduction to the human body. It identifies and discusses basic body parts. A large font, elementary vocabulary and age-appropriate graphics are used.

Comments:

- A variety of ethnic groups and a gender balance are depicted.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1999 Author(s): Tuxworth, N.

F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8

Authorized Teaching Resource Grades 5, 6, 7, 8

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓	✓	✓		✓

This teacher resource provides background information and activities which cover several specific outcomes in General Outcomes 1, 2 and 3. The relevant topics include self-image, assertiveness, friendship, drugs and decision-making. Teachers will have to choose activities suitable for specific outcomes at their grade level.

Comments:

- This resource would be more durable if it had a hard or laminated cover.

©2000 Author(s): Lane, K.

Flipping the World: Drugs Through a Blue Lens

Support Resource Grade 9

455114

\$57.90

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓			✓			

This 30-minute video realistically portrays the lives of four drug addicts through interviews and video clips of the addicts. The format consists of two Vancouver police officers discussing the impact of addiction with a group of teenagers of diverse ethnic backgrounds. There is an overall message of hope as the video encourages students to thoughtfully and responsibly make positive lifestyle choices.

Comments:

- Gender balance presented.

Sensitive Issues:

- Some of the realistic scenes may be disturbing to some individuals, families and communities.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2000

Full Mouse, Empty Mouse (2nd Ed.) (Reader with Companion Piece)**Pending**

Authorized Teaching Resource Grades K, 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

This resource was written with the purpose of filling the gap that exists between eating disorder prevention and obesity prevention. It includes a story about a mouse family facing daily stresses. In the story, the two mouse children deal with stress by overeating or undereating. Discussion points and questions could be used by the teacher and/or parents.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview these resources. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2004 Author(s): Zeckhausen, D.

You, Me & the Kids: The Teen Years**Gender Blues**

Support Resource Grade 7

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 20306-04

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute video is a sensitive and insightful portrayal of gender equality with a fresh perspective on respect for others and their differences. A variety of life skills and interests are explored; e.g. girls playing hockey, boys in ballet, girls excelling in electronics, and boys in babysitting roles.

Comments:

- Both male and female examples of various roles are provided.
- This program is inclusive of Aboriginal peoples.
- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

©1999

You, Me & the Kids: The Teen Years Getting Dumped

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-33

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
				✓	
			Learning Strategies	Life Roles and Career Development	Volunteerism

This 24-minute program addresses some of the struggles teens have with keeping and breaking relationships.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Getting to School Safely is Your Job

Support Resource Grades K, 1, 2

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			
			Learning Strategies	Life Roles and Career Development	Volunteerism

This 13-minute video, suited to primary grades, models the do's and don'ts of being safe when traveling to school. The video covers safety procedures for walking, bussing, bike riding, or riding in a private vehicle to school. A portion of the video also deals with stranger safety. Students are encouraged by a police officer to take ownership for their own safety.

©1998

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3

Telephone: 888-260-2232 ; 905-890-1500 E-mail: pamela@marlineducation.com

**You, Me & the Kids: The Teen Years
Giving Back**

Support Resource Grades 7, 8

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 20306-15

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		

This 24-minute video attempts to teach teens to broaden their perspective and to become community minded. Experts, parents and teens discuss the pressures and realities of today.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Real People

Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide)

Authorized Teaching Resource Grades 7, 8

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 2055601

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓	✓	✓

This program effectively addresses the topic of harassment: gossiping, taunting and bullying. The teacher's guide includes questions for discussion, activity suggestions, handouts and a script. The video lends itself to describing situations, addressing problems, and discussing strategies for dealing with these real life school situations.

©2001

Growing Up! For Boys

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20516-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓				

This informative 15-minute video, designed for boys, outlines changes boys experience during puberty, the parts and functions of the male reproductive system, and the emotional issues associated with puberty. This video includes a teaching guide with a written script, vocabulary list, discussion questions and classroom activities.

Comments:

- Includes simple drawings of the male and female reproductive systems.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1995

Growing Up! For Girls

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20517-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓		✓		

This informative 15-minute video, designed for girls, outlines changes girls experience during puberty, the parts and functions of the female reproductive system, and the emotional issues associated with puberty, and overall health and hygiene. The video includes a teaching guide with a written script, vocabulary list, discussion questions and classroom activities.

Comments:

- Includes simple drawings of the female reproductive system and discusses sanitary products, including pads and tampons.

Sensitive Issues:

- Some professionals may object that tampons are discussed but not the risks of Toxic Shock Syndrome.
- This resource supports human sexuality outcomes.

© 1995

LRC Order No.: Est. Price:

505521 \$19.50

505539 \$99.40

Health Issues 7

Health Issues 7 (Student Book)

Health Issues 7: Teacher's Resource (includes Blackline Masters on CD-ROM)

Basic / Authorized Teaching Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for the teaching of health and life skills. The student text, "Health Issues 7," contains a literary selection of short stories, nonfiction, essays, poems, fables, articles, monologues and a novel excerpt – organized in three sections "Wellness," "Relationships," and "Life Learning." These selections present real people and characters who deal with many health issues in their lives and through their stories. The accompanying "Health Issues 7, Teacher's Resource Guide" makes the connection between the literary selections and the outcomes of the grade 7 Health and Life Skills program of studies. The majority of program outcomes are addressed in the guide. The guide includes overview information (about the author, background, links, key terms/concepts relating to Health and Life Skills, key terms/concepts relating to Language Arts), pre-reading, reading, and post-reading activities, and assessment activities. Blackline masters for teaching information, student information and assessment activities are also included. Similar student literary collections and accompanying teacher guides are available for "Health Issues 8" and "Health Issues 9."

©2002 Author(s): Leitenberg, G. et al.

Health Issues 8**Health Issues 8 (Student Book)****505555 \$19.50****Health Issues 8: Teacher's Resource (includes Blackline Masters on CD-ROM)****505563 \$99.40**

Basic / Authorized Teaching Resource Grade 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for the teaching of health and life skills. The student text, "Health Issues 8," contains a literary selection of short stories, nonfiction, essays, poems, anecdote, and a chart – organized in three sections, "Wellness," "Relationships," and "Life Learning." These selections present real people and characters who deal with many health issues in their lives and through their stories. The accompanying "Health Issues 8: Teacher's Resource Guide" makes the connection between the literary selections and the outcomes of the grade 8 Health and Life skills program of studies. The majority of program outcomes are addressed in the guide. The guide includes overview information (about the author, background, links, key terms/concepts relating to Health and Life Skills, key terms/concepts relating to Language Arts), pre-reading, reading, and post-reading activities, and assessment activities. Blackline masters for teacher information, student information and assessment activities are also included. Similar literary collections and accompanying teacher resource guide are available for "Health Issues 7" and "Health Issues 9."

©2002 Author(s): Leitenberg, G. et al.

Health Issues 9**Health Issues 9 (Student Book)****505589 \$19.50****Health Issues 9: Teacher's Resource (includes Blackline Masters on CD-ROM)****505597 \$99.40**

Basic / Authorized Teaching Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for teaching health and life skills. The student text, Health Issues 9, contains a literary selection of short stories, nonfiction, essays, poems and an article – grouped by wellness, relationships and life learning. These selections present real people and characters dealing with health issues. The accompanying Health Issues 9: Teacher's Resource Guide makes the connection between the literary selections and the outcomes of the Grade 9 Health and Life Skills Program of Studies. The majority of program outcomes are addressed in the guide. The guide includes overview information about the author, background, links, key terms/concepts relating to health and life skills and key terms/concepts relating to language arts; pre-reading, reading and post-reading activities; and assessment activities. Blackline masters for teacher information, student information and assessment activities are also included. Similar literary collections and the accompanying teacher's resource guide are available for Health Issues 7 and Health Issues 8.

LRC Order No.: Est. Price:

537409 \$27.95
537417 \$74.95

• **Health for Life 1 (Student Book)**
• **Health for Life 1: Teacher's Resource (with CD-ROM)**

Basic Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteering
✓	✓	✓	✓	✓	✓	✓	✓	✓

This current, locally-developed resource is well organized, colourful and addresses each of the specific outcomes for Grade 7. The book contains background information, a glossary and related student activities, including activities designated for portfolio development.

Comments:

- Human sexuality outcomes are not addressed in this resource; they are addressed in the teacher's resource.
- The design of the resource lends itself well to the youth audience.

©2004 Author(s): Campbell, J.

587090 \$27.95
587107 \$74.95

• **Health for Life 2 (Student Text)**
• **Health for Life 2: Teacher's Resource**

Basic Resource Grade 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteering
✓		✓	✓	✓	✓	✓	✓	✓

This colourful, well-organized Canadian resource presents lifestyle balance, stress, safety, abuse, volunteering, making choices and considering consequences in a manner that gains and maintains the interest of a young teenage audience. Each chapter includes background information, activities, tips, a physical activity section and portfolio development information.

©2005 Author(s): Campbell, J.; Antaya-Moore, D.

Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers

Authorized Teaching Resource Grades 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This manual, from the Alberta Cancer Board, contains information on healthy lifestyle choices for cancer prevention. The topics covered include tobacco use, healthy eating, sun sense, and cervical cancer prevention. The resource suggests a variety of teaching strategies and activities which would help teachers prepare cancer prevention programs that fit the curriculum.

Comments:

- Teachers can pick and choose relevant activities for their classes.
- Suggested videos and web sites are listed as part of each section.

Sensitive Issues:

- References are made to specific web sites that are not approved by Alberta Education. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

©2000

Healthy Living with Sunshine / Vivre en santé sous le soleil (Windows / Macintosh Version)

Out-of-print

Support Resource Grade 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This resource contains clearly outlined information about the impact of environmental factors on personal health; e.g. sunshine. The animation used would be appropriate for the Grade 4 student.

©1996

Helpers in Our Community Series

- We Need Doctors
- We Need Fire Fighters
- We Need Nurses
- We Need Police Officers

Support Resource Grade K

Out-of-print

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			
				Learning Strategies	Life Roles and Career Development
					✓
					Volunteerism

This set includes four books that are colourful and easy to use, and introduce careers, community services, workers and caregivers. The one-sentence descriptors are well suited to beginning readers and effectively match the corresponding pictures. Extension activities are provided by the inclusion of an introductory glossary and recommended Internet sites for further research.

Comments:

- Ethnic diversity and non-traditional roles are present in this resource.

Sensitive Issues:

- The resource is American and some American symbols are present on a few pages but not enough to detract from the usefulness of the resource.
- References are made to specific web sites that are not approved by Alberta Education. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

©2000 Author(s): Schaefer, L.

Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)

Authorized Teaching Resource Grades 4, 5

Publisher / Distributor (By Inservice Only)

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓	✓	

This is a locally-produced (Calgary Police Services) video kit. The teacher's guide includes outcomes for each lesson, along with worksheets and student activities. The kit uses a short video comprised of child testimonies. The topics covered include abuse, healthy and unhealthy relationships, feeling and emotions, understanding anger and keeping safe.

Comments:

- The entire program becomes much broader in terms of feelings and relationships and goes beyond the boundaries of the family.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2002

Calgary Police Services Interpretative Center; 133 6th Avenue SE, CALGARY AB T2G 4Z1

Telephone: (403) 268-4565 or (403) 268-4566

Helping Kids Manage Grief, Fear and Anger

Authorized Teaching Resource Grades 4, 7, 8, 9

440305

\$36.45

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		

This resource deals with three emotions: grief, fear and anger. It is a collection of activities designed to help students explore, understand and express their feelings in safe and acceptable ways.

Comments:

- A number of activities promote personal reflection.

Sensitive Issues:

- Some of the suggested activities may be controversial.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2000 Author(s): Akin, T. et al.

HIV and AIDS: Staying Safe

Support Resource Grade 6

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓	✓			

This 15-minute claymation program accurately and clearly describes HIV/AIDS. Associated risk factors, such as tattooing, needle drug use, unprotected sex, body piercing and blood transmission, are also addressed. The video format uses factual information and the personal testimonial of a child with HIV. It clearly meets the outcomes at the Grade 6 level.

Comments:

- The children in this video are quite young.

Sensitive Issues:

- This resource supports human sexuality outcomes.

How to Handle Stress (Video)

Support Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		

This 9-minute video covers the subject of stress, reasons for it, signs of stress and ways of coping with stress. It also covers the physiological and psychological effects of stress.

Comments:

- Comprehensive program covering Kindergarten to Grade 6, but the language is geared toward Grades 4 to 6.

© 1999

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3

Telephone: 888-260-2232 ; 905-890-1500 E-mail: pamela@marlineducation.com

Real People**How Not to Be a Victim: Violence Prevention**

Authorized Teaching Resource Grades 7, 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20888 01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓		✓	

This 26-minute video addresses home, school and Internet safety. Specifically, street, bullying, sexual harassment, fights, weapons, theft and online issues are discussed. Strategies for personal safety are addressed. The video promotes thoughtful class discussion.

©2003

Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

399148

\$31.55

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
				✓	✓

A teaching strategies CD-ROM designed for the classroom teacher at all grade levels. A number of "problem behaviors" are targeted and effective management techniques are presented with accompanying video segments role modelling effective interventions.

Comments:

- Albertan and Western Canadian classroom ethnic diversity are reflected in this resource.
- People with disabilities are included.

©1998 Author(s): Murphy, K.

Improving the Odds

- Improving the Odds (Educator's Resource)
- Improving the Odds: Interactive Tobacco Prevention Module
- Improving the Odds: Facilitator's Guide

Support Resource Grades 5, 6, 7, 8

Out-of-print

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This program is an extensive tobacco use prevention resource. It includes background information about tobacco, detailed lesson plans, varied student activities and an interactive CD-ROM.

Comments:

- The emphasis is on prevention of smoking for young women.
- Some of the statistics presented are dated; e.g. 1980's and early 1990's.

Sensitive Issues:


- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource contains a strong anti-smoking activist tone.
- This resource contains information which may be controversial. Often students who have low self-esteem, self-efficacy and academic achievement, and come from a low socio-economic background, smoke. Many Aboriginal students fit that profile. Teachers need to be sensitive to this issue; e.g. pages 11, 20, 48, 88.

© 1996

Health Canada Publications – Population and Public Health Branch; Alberta/NWT Region
Suite 815–9700 Jasper Avenue, EDMONTON, AB T5J 4C3 E-mail: info@www.hc-sc.gc.ca

Just Around the Corner: For Boys

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20520-01


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓				

This 15-minute video introduces the physical and emotional changes that occur in boys at puberty. The male reproductive system and physiological changes at puberty are discussed.

Comments:

- Proper hygiene and healthy habits are discussed.
- The program depicts a positive male role model explaining the subject matter.


Sensitive Issues:

- This resource supports human sexuality outcomes.

©2000

Just Around the Corner: For Girls

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20519-01


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓				

This 15-minute video is narrated by a teenage girl who explains the physical and emotional changes that occur at puberty. It deals with the female reproductive system and menstruation as well as good hygiene and healthy habits.

Comments:

- The narrator is a positive role model and presents a positive attitude for younger girls approaching puberty. The video teaching guide recommends the program for Grades 3 to 5; however, it exclusively supports Grade 4 outcomes (W-4-3) in the Alberta Health and Life Skills program.

Sensitive Issues:

- This resource supports human sexuality outcomes.
- Teacher discretion will determine whether to use for the whole class or just with girls.

©2000

**You, Me & the Kids: The Teen Years
Kids and Alcohol**
Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-10

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute video portrays the effect of peer pressure on teens and drinking. Attention is given to how teens can be somewhat prepared for this pressure.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

**You, Me & the Kids: The Teen Years
Kids Having Kids**
Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-18

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This 24-minute program gives a realistic portrayal of teen parenthood. Through drama and interviews with teenage moms and dads, some of the joys and sacrifices of having a baby as a teen parent are discussed.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Sensitive Issues:

- This resource supports human sexuality outcomes.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and community.

Kindergarten to Grade 9 Health and Life Skills: Guide to Implementation

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

This resource was developed to assist teachers with the implementation of the prescribed outcomes in the program of studies for K–9 Health and Life Skills, 2002. This guide is available for reviewing and downloading on the Alberta Education Web site at www.education.gov.ab.ca/k_12/curriculum/bysubject/healthpls/healthgi.asp.

©2002

Know Your Body Health Kit (Gr. 3) (Note: The five puppets were not authorized)

445008 \$423.60

Authorized Teaching Resource Grade 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓		

Included in this kit are a teacher's guide with health information, teaching strategies and student activities. Blackline masters and puppets are also included, and could assist in facilitating the activities.

Comments:

- Gender balance.
- A substantial amount of American content.
- Potential for subject integration.

Sensitive Issues:

- The issues of human sexuality, HIV and AIDS are addressed in a factual manner but may be problematic in some communities. These issues could easily be omitted as no specific outcomes address sexuality issues at this division.
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2000

Leaps and Bounds: Grade 4 Authorized Teaching Resource Grades 4, 5

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This print resource consists of eight lessons that encourage students to make healthy decisions regarding drug and alcohol use and gambling. Specific lessons include information to define drugs, identify why people take drugs, explore the effects of drugs, define addiction and gambling, identify why people gamble and examine how to make healthy lifestyle choices. Suggestions on how to be sensitive to family circumstances and a sample letter to parents are included.

©2003

Leaps and Bounds: Grade 5 Support Resource Grade 5

605660 \$34.80

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This AADAC print resource provides a series of eight separate lessons for students in Grade 5 and Grade 6. Topics covered include definitions of drugs, why people use drugs, why people gamble, impact of the media, creating supportive relationships, refusal strategies and positive personal goal setting. Blackline masters and transparencies are included.

Comments:

- The resource includes a section on how to respond to a student who is concerned about a family member or friend.
- A sample letter to inform parents about the unit's goal to encourage children to make sound decisions about drug/alcohol use and gambling is included.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2003

Leaps and Bounds: Grade 6

Support Resource Grade 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This AADAC print resource provides a series of eight separate lessons for students in Grade 5 and Grade 6. Topics covered include definitions of drugs, why people use drugs, why people gamble, impact of the media, creating supportive relationships, refusal strategies and positive personal goal setting. Blackline masters and transparencies are included.

Comments:

- The resource includes a section on how to respond to a student who is concerned about a family member or friend.
- A sample letter to inform parents about the unit's goal to encourage children to make sound decisions about drug/alcohol use and gambling is included.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2003

You, Me & the Kids: The Teen Years Let's Party

Support Resource Grade 9

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20306-28

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓			✓			

This 24-minute program demonstrates the need for teens to take precautions when hosting house parties.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, More Than the Blues, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

Sensitive Issues:

- This resource supports human sexuality outcomes.

Let's Talk Library

- Let's Talk about Being a Good Friend (*Grade 1*)
- Let's Talk about Good Manners (*Grades K, 1*)
- Let's Talk about Head Lice (*Grades K, 1, 2, 3*)
- Let's Talk about Living in a Blended Family (*Grade 1*)

Support Resource

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓	✓	✓

This set of four child-centred books deals with varied topics concerning health and social issues, including living in a blended family, being a good friend, good manners, and head lice. This resource has a large font, appropriate text and modern pictures. A glossary is included.

Comments:

- Gender equity and ethnic representation are demonstrated.

©2000 Author(s): Kent, S.

The Library of Healthy Living Series

- **Staying Healthy: Dental Care (*Grades K, 1, 2*)** **440420** **\$18.20**
- **Staying Healthy: Eating Right (*Grade 2*)** **440280** **\$18.20**
- **Staying Healthy: Personal Safety (*Grades 1, 2*)** **440446** **\$18.20**

Support Resource

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

This series provides children with an insight on personal health and safety. Vocabulary is introduced sequentially and efficiently, and messages are accompanied by photographs depicting racial and ethnic diversity.

Sensitive Issues:

- The "Personal Safety" book contains references to drugs, alcohol and cigarettes which may need some explanation by teachers.

©1997 Author(s): McGinty, A.

Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)**465238 \$113.20**

Support Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓				

This CD-ROM provides thorough coverage of most of the human sexuality topics for Grades 4 to 9, grouped under the headings: The Human Body; Man; Woman; Pregnancy, Labor and Birth; and Life Choices. All are dealt with in the context of healthy relationships and positive decision-making skills. Contains some very explicit material, although a "lockout" feature allows teachers to restrict access; e.g. live birth sequence.

Comments:

- The controversial topics are dealt with in a very sensitive manner.
- Suitable for public and separate schools.
- Teachers are advised that this CD-ROM features topics appropriate for several grades and it is therefore recommended that only a direct curriculum fit be used at a particular grade.

Sensitive Issues:

- Teachers are cautioned to preview the entire CD-ROM and choose to lock out any of the graphic and explicit content that may not be developmentally appropriate for students.
- This resource supports human sexuality outcomes.

©1998

Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem
458142 \$40.95

Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓		

This resource focuses on body image education, making it appropriate for both physical education and health education programs. The interactive student activities and handouts attempt to help individual students improve their body image in order to prevent the development of an eating disorder. The manual contains a rationale, expected outcomes, background information, handouts and activities for the following topics: introduction to body image, the physical self, the personal self, self-esteem/body image, self-care, and perfection versus excellence. The appendix includes information about eating disorders.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 4 to 9.

©2001 Author(s): Hare, S.; Drummond, D.

Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes

Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓					

This resource focuses on body image education, making it appropriate for both physical education and health education programs. This workbook-type resource provides parents with numerous activities they can work through with their children to promote positive body image. Topics such as attitudes about weight and shape, influences on body image, and ways to improve our body image are included for information, discussion and action.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 4 to 9.

©2001 Author(s): Hare, S.; Drummond, D.

Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility

Authorized Teaching Resource Grades 7, 8, 9

Publisher / Distributor (By Inservice Only)

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓	✓	✓	✓	Life Roles and Career Development
						Volunteering

This resource is the primary student resource in the Lions-Quest Skills for Action program, and can be used in conjunction with the Curriculum Manual or on its own. The Skills Bank covers 26 essential skills that parallel the key competencies identified in both Canada's Prosperity Initiative document, Learning Well...Living Well, and the Conference Board of Canada's Employability Skills Profile. These skills are grouped together under the following themes: Cultural Awareness, Interpersonal Communication, Personal Management and Responsibility, and Study and Writing Skills. Each skill includes a rationale and guidelines for teachers, as well as several application options for teaching, reinforcing and enriching the skills. Sample assignments, a variety of case studies, and practical role-plays are provided.

Comments:

- Skills Bank is provided to all Skills in Action workshop participants but can also be purchased separately without training. The resource acts as reinforcement for teachers familiar with the program, and as a detailed, user-friendly support resource for new teachers.
- Lessons need to be coordinated to specific grade levels to avoid overlap.
- Some activities are geared to smaller class sizes.

Sensitive Issues:

- Page 8, Option 1: Re-word "People with speech problems are retarded" to "People with speech problems may be slow learners." This example is included in a lesson regarding stereotyping and labelling.

© 1999

Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual
Publisher / Distributor (By Inservice Only)
 Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓				✓	✓
				✓	✓
				✓	✓

The Curriculum Manual is the primary teacher resource to implement the Lions-Quest Skills for Action program. The Manual is composed of four main parts: Building a Learning Community, Exploring Personal and Social Responsibility, Taking Action through Service-Learning, and Evaluating and Sharing Service Experiences. The Manual includes step-by-step instructions for conducting program sessions and includes teacher resource sheets, student handouts, and assessment tools for each session.

Comments:

- This resource supports the volunteerism component of both the K-9 Health and Life Skills program and the CALM program.
- Teachers are required to attend a one-day training workshop to obtain these curriculum materials.

©2000

Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: K (2nd Ed.)

Authorized Teaching Resource Grade K

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓	✓	✓
				✓	✓
				✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©1998

Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing**Lions-Quest: Skills for Growing: 1 (2nd Ed.)**

Authorized Teaching Resource Grade 1

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca**Lions-Quest: Skills for Growing****Lions-Quest: Skills for Growing: 2 (2nd Ed.)**

Authorized Teaching Resource Grade 2

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing
Lions-Quest: Skills for Growing: 3 (2nd Ed.)
 Authorized Teaching Resource Grade 3

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	✓	✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing**Lions-Quest: Skills for Growing: 4 (2nd Ed.)**

Authorized Teaching Resource Grade 4

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	✓	✓	✓	✓	✓

This comprehensive resource includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998


Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing**Lions-Quest: Skills for Growing: 5 (2nd Ed.)**

Authorized Teaching Resource Grade 5

Vendor Direct



General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			✓

This program covers the areas of responsibilities, good judgement, self-discipline, and respect for others. The resource includes a drug information guide, a skills for growing guide and a guide for family involvement. Unit outlines, lesson plans and student activities are provided.

Comments:

- Lions Quest requires that teachers complete specific training prior to classroom use.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

**Lions-Quest: Skills for Growing
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High
Schools (4th. Ed.)**

Authorized Teaching Resource Grades 6, 7, 8, 9

Publisher / Distributor (By Inservice Only)

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓			✓	✓	✓

This resource is part of a program of 102 sequential skill-building lessons. The program can be adapted to a variety of settings and forms and consists of eight units: The Journey of Adolescence, Building Self Confidence and Communication Skills, Managing Emotions in Positive Ways, Improving Peer Relationships, Strengthening Family Relationships, Making Healthy Choices, Setting Goals/Developing Your Potential, and Service-Learning/Volunteerism. This resource package is comprised of teacher manuals, student activity manuals and manuals to facilitate family involvement.

Comments:

• This program requires teachers to complete specific training prior to classroom use.

Sensitive Issues:

• Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

©2001

Lions-Quest Canada; Unit 7-515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800-265-2680; 519-725-1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Healthy Bodies

Lions-Quest: Healthy Bodies: Grade 1

Authorized Teaching Resource Grade 1

444274

\$17.55

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			

Healthy Bodies is a series of five books (Grades 1-5) consisting of lessons about body parts, body systems, body care, nutrition, appearance, fitness, safety and disease. These books are useful as a supplement to older versions of the Lions-Quest program that do not contain the "Healthy Bodies" component. These books are not suitable as stand alone resources.

Comments:

• No special teacher training is required to use the Healthy Bodies series.
• Could be integrated with other subject areas.

©1999

Lions-Quest: Healthy Bodies**Lions-Quest: Healthy Bodies: Grade 2**

Authorized Teaching Resource Grade 2

444282**\$17.55**

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓				✓

Healthy Bodies is a series of five books (Grades 1–5) consisting of lessons about body parts, body systems, body care, nutrition, appearance, fitness, safety and disease. These books are useful as a supplement to older versions of the Lions-Quest program that do not contain the "Healthy Bodies" component. These books are not suitable as stand alone resources.

Comments:

- No special teacher training is required to use the Healthy Bodies series.
- Could be integrated with other subject areas.

©1999

Living with Sunshine: A Primary Teaching Resource on Sun Protection for Grades 1, 2 and 3**\$3.90**

Authorized Teaching Resource Grade 2

511271

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓						

This primary teaching resource focuses on sun protection for primary students. The teacher's resource provides background information, lesson plans, student activities, take-home projects, and sheet music. It is a proactive, age-appropriate approach to sun safety.

©2002

Mad Me

Support Resource Grade 3

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 20351-01

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
			✓	✓		
						Life Roles and Career Development
						Volunteerism

This 14-minute video uses an animated format to let students know that it is okay to be angry. Students are provided an opportunity to learn to identify reactions to anger, and a number of strategies to cope with angry feelings. A question and answer conclusion allows for discussion.

Comments:

- Gender balance and ethnic diversity are depicted.
- Age appropriate portrayals are presented.
- Two presentations are given, one with, and one without counsellor's comments.

© 1999

442179

\$344.85

The Make It Real Game: Facilitator's Kit: Elementary School Edition

Authorized Teaching Resource Grades 5, 6

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
				✓	✓	✓
						Life Roles and Career Development
						Volunteerism

This resource, presented in a game format, deals with career and life choices. Twelve activities link student lives with work roles and personal career aspirations as students create a simulated society. Lesson plans, posters, transparencies, game materials, reproducible masters, assessment strategies and other components are included.

Comments:

- Canadian model.
- References are made to specific web sites that are not approved by Alberta Education. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

© 1999

- Make School Work for You: Student Resource for Grades 7 - 12**
• Make School Work for You: Teacher Implementation Guide

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓	✓		

This handbook provides suggestions to help students develop skills in organization, studying, test-taking, writing and classroom survival. It also includes information on knowing yourself, getting along with others and staying motivated. The appendices contain blackline masters for learning inventories and goal-setting, and graphic organizers for note-taking and writing tasks. This resource would be appropriate for junior and senior high school students with learning disabilities.

Comments:

- This resource is also available on audio CD.

©2001

Making Decisions and Being Assertive: Knowing Your Mind, Speaking Your Mind

Support Resource Grade 9

Unit 9: Personal Health and Well-being							
General Outcome 1 			General Outcome 2 			General Outcome 3 	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
						✓	
							Volunteerism

This 20-minute video shows how self-awareness is a prerequisite to making good decisions and being assertive. A young host comments on the skills used by reviewing the steps of the decision-making process. The second part of the program examines the differences between passive, aggressive and assertive behaviour.

Comments:

- The program is a useful tool for leading classroom discussions about personal development.

©2000

LRC Order No.: Est. Price:

Making Healthy Decisions

- **Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1 (Student Book)** 444315 \$16.20
- **Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1: Teacher's Guide** 444323 \$40.45

Support Resource Grade 7

General Outcome 1		General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
✓					✓		

This is an interactive, hands-on resource. The teacher's guide includes lesson plans with the following components: advance preparation, background information, related skills, and discussion sections. Lessons could be taught as an entire unit or as an individual class. The resource incorporates critical thinking skills and provides for curricular integration.

Comments:

- The title is misleading as the content does not relate to alcohol and other drugs but relates largely to tobacco use.
- A list of additional resources has not been reviewed or authorized by Alberta Education.

©2000

Making Healthy Decisions

- **Making Healthy Decisions: Family Life 1 (Student Book)** **453960** **\$16.20**
- **Making Healthy Decisions: Family Life 1: Teacher's Guide** **453978** **\$40.45**

Support Resource Grades 5, 6, 7, 8

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓

This resource consists of a teacher's guide and a student book of ten lessons dealing with relationships, family and human reproduction systems and STDs. Each lesson includes background information, outcomes and teaching strategies.

Comments:

- Includes involving family members as an extension to classroom lessons.
- Promotes abstinence.
- Statistics presented in the Teacher's Guide represent an American perspective.
- Page 67 in the student book states "You can only get HIV by having sex or by sharing needles with someone who has the virus." This is inconsistent with medical research as well as with other statements in the student book.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Gender orientation is an issue presented in this resource.
- Supporting materials listed in "Going Further" sections have not been approved by Alberta Education.

© 2000

Manners Matter**444894** **\$127.45**

Support Resource Grades 4, 5, 6

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓

This 15-minute video focuses on good manners. The humorous format depicts a middle school setting with adults displaying bad manners and students setting the positive example. The role reversal would be interesting and appealing to students at the grade 4–6 levels.

Comments:

- Close captioned.

© 1999

A Mind of Your Own

Support Resource Grade 7

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
			✓			✓
						Life Roles and Career Development
						Volunteerism

This 38-minute video addresses the issue of learning disabilities. It focuses on building self-esteem in this particular group. This resource would be useful for inservicing teachers who work with students who have learning disabilities. This resource could be shown to students who are in special education classes or receiving extra assistance. There are suggested activities and questions that can be used before and after viewing.

© 1999

You, Me & the Kids: The Teen Years More Than the Blues

Support Resource Grade 8

ACCESS—The Education Station / Regional Resource and Urban Media Centres
 BPN 20306-20

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
			✓			
						Life Roles and Career Development
						Volunteerism

This 24-minute program discusses depression—the symptoms and coping strategies. Diverse teens describe their experiences with depression and how they dealt with it. Health experts and parents also discuss depression.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, Rumours and Gossip, Sexual Harassment, Smoking, and Youth and Crime.*

My World**My Breakfast**

Support Resource Grade 2

439481**\$15.60**

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This book includes text and pictures regarding a young boy preparing a nutritious breakfast. The resource also includes a word count.

Comments:

- The resource focuses on one individual only.
- A "Cherrios" box appears in almost every photo.

©2000 Author(s): Feldman, H.

Nutrition Basics: Grade 4-5-6

Authorized Teaching Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓				
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This resource is an Alberta curriculum resource designed to give background information, teaching tools, student activities and assessments on the topics of nutrition, physical activity, body image, eating behaviours, caffeine, alcohol, tobacco and physical growth. The resource is based on specific objectives from the grades 4 to 6 health and life skills program. The combination of teacher background information, classroom teaching tools and student activities make this a valuable resource for health teachers.

©2002

Mistahia Regional Health Authority; 2nd Floor, Provincial Building, 2101, 10320 – 99 Street, GRANDE PRAIRIE AB T8V 6J4

Telephone: 780-513-7525

Nutrition File™ for Teens: Building Better Bones through Good Nutrition

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This resource, published by the Dairy Nutrition Council of Alberta, focuses on the role of nutrition in building strong bones during the teen years. It discusses the calcium content in milk and other foods, and lets students assess their bone health using interactive activities. The kit includes five lessons with background information, a set of reproducible masters, three colour overheads, and a class set of the *Calcium Calculator™* brochure.

Comments:

- The content has a strong link to the Foods strand of the Career and Technology Studies curriculum.

©2000

Nutrition P.I.: Primary Ideas for Active Learning (2002 Revised Ed.)

Authorized Teaching Resource Grades K, 1, 2, 3

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

Vendor Direct

This resource includes a variety of information and tools to facilitate active learning about nutrition. In addition to the teaching guides, colourful posters, food cards and blackline masters are included.

Comments:

- Teachers are required to attend an in-service to obtain information.

©2002

Alberta Milk; 14904 121A Avenue, EDMONTON AB T5V 1A3

Telephone: 800-252-7530; 780-453-5942

Nutrition Resource Kits: Kindergarten to Grade 9 (Web site) (<http://www.dthr.ab.ca/resources/nutrition/>)

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

Internet

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	Safety and Responsibility ✓		Group Roles and Processes		Volunteerism

The comprehensive Web site contains graded curriculum-based lesson plans, guided practice activities and blackline masters designed for Kindergarten to Grade 9. Food safety information, parent handouts and teacher background information sheets are also included in the nutrition kit.

Comments:

- This kit, made in Alberta, is available online, free of charge, from the David Thompson Health Region.
- The topic of body image is addressed.
- A print copy of the kit is available only to educators in the David Thompson Health Region.
- This web resource contains links that have not been reviewed or authorized by Alberta Education. Teachers, for their own protection, should review the current status of the web sites identified in these links, including documents in these web sites, to ensure that the sites contain accurate and appropriate information.

©[2006]

Nutrition: The Way We Eat: What Food Means

Support Resource Grades 7, 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 2065001

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
✓	Safety and Responsibility		Group Roles and Processes		Volunteerism

This 19-minute video provides factual information on historical post-World War II food production and its relation to society's changing views on food preparation and consumption. It encourages consumer awareness and the need for accurate nutritional information.

Comments:

- This video was produced in the United States but is appropriate for a Canadian audience. Teachers should replace American statistics and product information with Canadian data.

©2001

Own Your Zone: Strong, Smart and Addiction-Free: Lesson Plans + Quick Facts About Alcohol, Other Drugs, and Problem Gambling (9th Ed.)

Authorized Teaching Resource Grade 7

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓		✓		

This 10-lesson program from AADAC focuses on the desire to empower young people to make healthy lifestyle choices about drugs and gambling. The lessons are interactive and include discussion, question and answer, role-plays and masters for student handouts. Preparation information for teachers, including teaching strategies and assessment materials, is included. Community resources are highlighted.

Comments:

- This resource addresses outcomes from various programs of study, including health, language arts, social studies and drama.

AADAC Resource Development and Marketing; 2nd Floor—10909 Jasper Avenue NW, EDMONTON AB T5J 3M9

Telephone: 780-422-2794

Kids Who Care

Patrick & Sara Volunteer and Learn About Homeless Families

Support Resource Grades K, 1, 2

524331

\$9.75

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
					✓			✓

This storybook format features two children who help their aunt and grandparents provide food to homeless people by volunteering at a community centre. Additional ideas for volunteering within local communities are included.

©2002 Author(s): Morcom, L.

Perspectives on Mental Health Series

- **Depression** 438293 \$23.30
- **Stress Management** 438285 \$23.30

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓	✓	✓	✓			

These resources provide a definition of depression and stress management, how they are diagnosed, treatment procedures and ways to get help. Case studies and a glossary are also included.

Comments:

- The book may be given to students, under the guidance of a teacher, due to several sensitive issues.
- Web sites suggested as additional resources have not been reviewed by Alberta Education.
- Gender balance and ethnic diversity is depicted.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Reference to sexual orientation is included in this resource.

©2000 Author(s): Peacock, J.

Planning for Post-Secondary Studies: Grade Nine Student Guide

Support Resource Grade 9 586399 Free of Charge

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓	✓	

These resources provide student material for Grade 9 and Grade 12. They are current and local, and focus on critical thinking and respect for self and others. The topics addressed in the booklets include knowing your strengths, being successful at school, exploring career options and formulating a career plan.

Comments:

- These resources contain information from across ministries.
- Several Web sites are listed as additional resources, some of which have not been authorized by Alberta Education.

©2004

Real Game Series
The Play Real Game: Facilitator's Kit: Grades 3/4
 Authorized Teaching Resource Grades 3, 4

491506 \$344.85

Horizontal Teaching Resource				Grades 3, 4				
General Outcome 1		General Outcome 2			General Outcome 3			
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
					✓	✓	✓	✓

This Canadian resource is comprehensive and very effectively designed to have students create a simulated society, by focusing on interdependence and collaborative decision making. Students are assigned to one of five different neighbourhoods and take on simulated adult work roles, create a town with services and businesses, and create a presentation to a fictional company willing to locate in the town. Specific outcomes are covered. Suggestions are also provided to include parents and community members in the program.

©2001 Author(s): Barry, B.

Think & Drive

Point.Pause.Proceed. Pedestrian Safety

Support Resource Grades 1, 2, 3, 4

Vendor Direct (Available Free of Charge)

Support Resource Grades 1, 2, 3, 4								
General Outcome 1		General Outcome 2		General Outcome 3				
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This video thoroughly covers pedestrian safety, crosswalk safety, safety patrols and Halloween safety in an urban setting. The resource uses role-play and "catchy" music to capture the interest of the audience. The setting is a typical Alberta city or town.

Traffic Safety Initiative, Alberta Transportation; Main Floor, Twin Atria, 4999 98 Avenue, EDMONTON AB T6B 2X3

Telephone: 780-422-8839

Project Apex: Action Program on Eating and Exercise (2004 Revised Ed.): Grades 4 to 6

Authorized Teaching Resource Grades 3, 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

A Canadian kit on healthy eating and exercise. The guide includes nine well-developed lessons. The two posters are large and colourful, and reproducible for handouts are also enclosed.

©2004

Alberta Milk: 14904 121A Avenue, EDMONTON AB T5V 1A3

Telephone: 800-252-7530; 780-453-5942

Puberty for Boys: Amazing Changes Inside & Out (Video and Teacher's Guide)

Support / Authorized Teaching Resource Grades 7, 8

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 2058101

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓	✓	✓			

This 21-minute close-captioned video presents information and addresses issues pertinent to male adolescent development. In video format, male teens, a physician and a psychiatrist interact and discuss the physical and developmental changes teens can expect. Topics include personal hygiene, sexual development, diet and exercise, social changes, developmental changes during puberty, emotional changes, relationships, and how to deal with these changes. The video is accompanied by a teacher guide, pre- and post-viewing activities, handouts, script and assessment activities.

Sensitive Issues:

- This resource supports human sexuality outcomes.

Puberty for Girls: Amazing Changes Inside & Out (Video and Teacher's Guide)

Support / Authorized Teaching Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			

This 25-minute close-captioned video presents information and addresses issues pertinent to female adolescent development. In this video format, female teens, physicians and other professionals interact and discuss physical and developmental changes in teens. Topics include personal hygiene, sexual developmental changes during puberty, emotional changes, relationships and how to deal with these changes. The video is accompanied by a teacher's guide, activities, handout, script and assessment activities.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©2001

Put Yourself In Someone Else's Shoes: Building Character Grades 2-4

Authorized Teaching Resource Grade 4

480153 \$151.95

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓		✓			

This 15-minute video explores the meaning of empathy and the importance of trying to imagine how someone else feels in a difficult situation. This video also discusses distinguishing between appropriate and inappropriate ways of trying to console an unhappy friend, the hurtful effects of teasing, and using empathy. A comprehensive teacher's guide with objectives, worksheets, and discussion questions is also included.

Comments:

- The material is appropriate for curriculum integration.

Reaching Out: The Importance of Early Treatment (includes Video, Teacher's Guide, Lesson Plans)

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This resource package includes a teacher's guide, complementary videotape and an information booklet. The teacher's guide contains lesson plans designed to be used over two periods. Lesson plans use group work, role-play and discussion to clarify misunderstandings about schizophrenia, to introduce the five major understandings, and to encourage reflection on this complex disease and the myths and fears surrounding mental illness. The guide also includes resources and suggestions for extending learning, discusses the important role of friends and family in providing support, and encourages students to seek help responsibly through school services. The 22-minute video is one component of the lesson plans and features a short dramatization, with five people with schizophrenia talking about their experience with the illness. The booklet, Basic Facts About Schizophrenia, introduces basic facts about schizophrenia, using information from other books, articles and people's personal experiences.

Comments:

- This resource is also available in French.
- This resource may be ordered, free of charge, from the Schizophrenia Society of Alberta (www.schizophrenia.ab.ca) or the Schizophrenia Society of Canada (www.schizophrenia.ca).

Sensitive Issues:

- Viewing the video may cause anxiety in students who have observed symptoms in themselves or others. It may also cause students to try and diagnose themselves or others.

©2003

The Schizophrenia Society of Canada; 50 Acadia Avenue – Suite 205, MARKHAM ON L3R 0B3

Telephone: 888-772-4673; 905-415-2007

Real Game Series

Real Game Series
The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit

Authorized Teaching Resource Grades 7, 8

Out-of-print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓		✓	✓	

This resource, presented in a game format, is a process-oriented approach to career exploration. It provides many opportunities and activities for students to investigate their options and experience the consequences of their choices. Career development is presented as a series of choices and behaviors with chance being presented in a positive manner. Lesson plans, reproducible masters and extensive appendices are included.

Comments:

- Canadian model.
- Web site links have not been reviewed by Alberta Education.
- References are made to specific web sites that are not appropriate for the status of the web sites, including documents identified in the literature.

©1999 Author(s): Barry, B.

613142 \$189.35

Real People: Suicide and Depression

Authorized Teaching Resource Grades 8, 9

Horizontal Teaching Resource Grades 8, 9				
General Outcome 1		General Outcome 2		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions
				Group Roles and Processes
				Learning Strategies
				Life Roles and Career Development
				Volunteerism

This 26-minute video, which dramatizes a teen's suicide, alternates discussion of teen suicide and depression with expert commentary from a psychologist. The video shows warning signs of suicide, counters myths with facts and makes students aware that suicide is preventable. The teaching guide includes objectives, program summary, discussion questions, suggested activities and fact sheets.

©2002

The Right Choices: Skills for Life (includes Teacher's Guide)

Support Resource Grades 6, 7

ACCESS--The Education Station / Regional Resource and Urban Media Centres

BPN 2064701

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
		✓	✓	✓	✓	Life Roles and Career Development
						Volunteerism

This 17-minute video deals with various social/safety issues that pre-teens and teens encounter in everyday life. Each situation is stopped before resolution and encourages, with text prompts, the teacher and students to empathize with the characters and to try and come up with possible solutions to the dilemmas presented.

Sensitive Issues:

- The threat of violence is depicted in scenario two. Sensitivity to individuals and families is recommended regarding this issue.

© 1999

Risk Watch

Risk Watch: Safety Program for Grades Pre K and K (includes Risk Watch Teacher Video; fold out 453895 \$121.20 lesson plans; poster; pamphlets)

Authorized Teaching Resource Grade K

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
		✓				Life Roles and Career Development
						Volunteerism

Risk Watch is an injury-prevention program for children. It deals with motor vehicle safety, fire and burn prevention, poisoning prevention, firearms injury prevention, falls prevention, bike and pedestrian safety, and water safety.

Comments:

- This resource covers a small range of specific outcomes. Teachers of various grades should work together to ensure non-replication.
- The accompanying video provides teachers with an overview of the program.

Sensitive Issues:

- Firearms and ammunition safety is covered.

© 1998

Risk Watch

• **Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)**

453887

\$121.20

Authorized Teaching Resource Grades 5, 6

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			

Risk Watch is an injury-prevention program for children. It deals with motor vehicle safety, fire and burn prevention, poisoning prevention, firearms injury prevention, falls prevention, bike and pedestrian safety, and water safety.

Comments:

- This resource covers a small range of specific outcomes. Teachers of various grades should work together to ensure non-replication.
- The accompanying video provides teachers with an overview of the program.

Sensitive Issues:

- Firearms and ammunition safety is covered.

©1998

You, Me & the Kids: The Teen Years**Rumours and Gossip**

Support Resource Grade 8

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 20306-45

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
				✓	

In this 24-minute video, teens and their parents discuss the sometimes lasting and devastating effects of gossip.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Sexual Harassment, Smoking, and Youth and Crime.*

Safe and Sound Series

- **Clean and Healthy** 439499 \$22.15
- **A Healthy Body** 439506 \$22.15
- **Safety First** 439514 \$22.15

Support Resource Grades 1, 2

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			

This set of three books focuses on three aspects of personal health—cleanliness, exercise and safety. A large font, appropriate text and modern pictures are used. A glossary is included.

Comments:

- A variety of ethnic groups and a gender balance are depicted.

Sensitive Issues:

- Teachers may wish to preview these books and/or discuss them with students, as an occasional scenario may be misinterpreted.

©2000 Author(s): Royston, A.

Safety First Series

- **Safety Around Fire (Grades K, 1, 2)** Out-of-print
- **Safety Around Strangers (Grades K, 1, 2, 3)** Out-of-print
- **Safety at Home (Grades K, 1, 2)** 439217 \$18.40
- **Safety on the Internet (Grade 3)** 439233 \$18.40
- **Safety on the Playground (Grades K, 1, 2)** Out-of-print
- **Safety on the School Bus (Grades K, 1)** Out-of-print
- **Safety at the Swimming Pool (Grades K, 1, 2, 3)** 439100 \$18.40
- **Safety on Your Bicycle (Grades K, 1, 2)** 439142 \$18.40

Support Resource

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			

This series provides reference to safety factors for home, school and play. Each book includes risk factors, causes, comments and safety sense information.

©1999 Author(s): Raatma, L.

Saying Goodbye

Support Resource Grade 4

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20353-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓				✓	
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This 14-minute video answers commonly asked questions about death and grieving in a straight-forward manner using a cartoon format. A video discussion guide with a variety of classroom activities, transcript and background teacher information is included.

Comments:

- The "Grief and Bereavement Small Group Program" has not been reviewed by Alberta Education, nor has the student book.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- As this program does not cover any aspect of death from a spirituality perspective, it may not be suitable for use in some communities.

© 1998

Science, Tobacco and YOU! / La science, le tabac et VOUS

Authorized Teaching Resource Grade 4

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This interactive CD-ROM and teacher's guide produced by Health Canada is available in both French and English. The CD-ROM has two components. A Virtual Body Lab focuses on the circulatory, nervous and respiratory body systems. The second component consists of A Virtual Community Lab that focuses on addictions and the environmental issues of smoking.

Comments:

- The CD-ROM could be used for student research projects.

© 2002

Canadian Association for School Health; 16629 62A Avenue, SURREY BC V3S 9L5

Telephone: 604-575-3199

Second Step: A Violence Prevention Curriculum (3rd Ed.): Grade 4

Authorized Teaching Resource Grade 4

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
		✓	✓	✓	✓	Life Roles and Career Development
						Volunteerism

The Second Step program addresses the issues of violence against school-aged children, by focusing on empathy training, impulse control and anger management. The program consists of a series of lesson cards with one side depicting a photo and the other a detailed lesson plan. It thoroughly covers expressing emotions and feelings, relationships and group roles and processes in the Grade 4 and Grade 5 curriculum. The resource kit includes laminated pictures with guided discussion ideas on the back, a filmstrip video, classroom posters, teacher's guide, take home letters and a parent video. The program encourages follow-through activities for both school and home. This new edition includes the following changes: Administrator's Guide and Unit Cards have been added; kits are divided by grade, instead of being combined; video lessons have been reorganized; teacher's guide has been rewritten to make it easier to use.

©2002

Committee for Children; 568 First Avenue South, Suite 600, SEATTLE WA 98134-2804 USA

Telephone: 800-634-4449; 206-343-1223

Second Step: A Violence Prevention Curriculum (3rd Ed.): Grade 5

Authorized Teaching Resource Grade 5

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
		✓	✓	✓	✓	Life Roles and Career Development
						Volunteerism

The Second Step program addresses the issues of violence against school-aged children, by focusing on empathy training, impulse control and anger management. The program consists of a series of lesson cards with one side depicting a photo and the other a detailed lesson plan. It thoroughly covers expressing emotions and feelings, relationships and group roles and processes in the Grade 4 and Grade 5 curriculum. The resource kit includes laminated pictures with guided discussion ideas on the back, a filmstrip video, classroom posters, teacher's guide, take home letters and a parent video. The program encourages follow-through activities for both school and home. This new edition includes the following changes: Administrator's Guide and Unit Cards have been added; kits are divided by grade, instead of being combined; video lessons have been reorganized; teacher's guide has been rewritten to make it easier to use.

©2002

Committee for Children; 568 First Avenue South, Suite 600, SEATTLE WA 98134-2804 USA

Telephone: 800-634-4449; 206-343-1223

Secondhand Smoke

Support Resource Grade 7

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This resource consists of a video and teacher's guide. The video presents information about the dangers of second-hand smoke. Interviews are conducted with teens and medical experts about the dangers and strategies for dealing with second-hand smoke. The teacher's guide includes a program summary, fact sheets and learning activities.

Comments:

- American statistics are used; teachers are advised to substitute or supplement statistics with Canadian equivalents.
- ©2003 Author(s): Petre, W; Navarro, D. (Teacher's Guide)

You, Me & the Kids: The Teen Years

Sexual Harassment

Support Resource Grades 7, 8

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20306-12

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓		✓		
				Learning Strategies	Life Roles and Career Development
					Volunteerism

Sexual harassment, a topic not fully understood nor taken seriously by many teens, is explained in this 24-minute video. Several examples are examined by teens and experts. Ways of dealing with sexual harassment are discussed and depicted.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Smoking, and Youth and Crime.*
- Sensitive Issues:
- This resource supports human sexuality outcomes.

Sexual Harassment in School: Your Rights and Responsibilities

- **Sexual Harassment in School: Your Rights and Responsibilities (Student Book)** 455156 \$9.80
- **Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual** 455164 \$17.55

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
	✓	✓		✓			

This locally-developed resource, consisting of a student manual and a teacher's manual, is intended to provide information and activities about sexual harassment.

Comments:

- The additional resources listed in the manual have not been reviewed or authorized by Alberta Education.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1997

Smart Options: You're Smarter Than You Think You Are!

- **Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide** 464777 \$10.80
- **Smart Options: You're Smarter Than You Think You Are! (Poster)** 464769 \$3.80
- **Smart Options: You're Smarter Than You Think You Are! Student's Resource Book** 464751 \$3.80

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development
							✓

A Canadian resource including a facilitator's guide and student booklet, to assist students in the examination of talents, skills, and abilities from a multiple intelligences perspective. These competencies are linked to career planning.

Comments:

- Check copyright regulations in the facilitator's guide.

© 2000 Author(s): Baran, D.; Cranston-Baron, P.

Smokin' Somebody Stop Me!

- The Dangers of Smoking
- Why Kids Smoke

Support Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 23-minute video focuses on tobacco use, and consists of a video and accompanying Teacher Guide. The video has high entertainment value for teens, as it employs a variety of formats: teen interviews, animation, and music.

© 1999

Jeflyn Media Consultants; PO Box 220, MOUNT ALBERT, ON L0G 1M0

Telephone: 888-453-3596; 905-642-6142 E-mail: jeflynmedia@sympatico.ca

You, Me & the Kids: The Teen Years**Smoking**

Support Resource Grades 6, 7

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20306-34

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

In this 24-minute video, teens discuss what/who influenced them to smoke and how difficult it is to quit. Health experts discuss the pressures and realities associated with smoking.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, and Youth and Crime.*

Teen Files**Smoking: Truth or Dare?**

Support Resource Grades 8, 9

455875 \$151.90

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

This 29-minute video is a graphic presentation of smoking and its consequences. The information is pertinent and realistic, and is supported by personal and medical perspectives.

Comments:

- The presentation of consequences is very thorough; e.g. computer aging, discussions with people suffering from cancer, emphysema, contrast between twins, trip to a morgue.
- Portions could be used at various times; e.g. diseases from smoking used with the section of hospital autopsy.
- The teacher's guide has some typographical errors.

Sensitive Issues:

- Delivery is graphic, but not sensational.

© 1998

Snacks: A Consumer's Guide

Support Resource Grades 7, 8

607731 \$147.25

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

Topics covered for snack choices include ice cream, popcorn, cookies, pies, pastries, bars, muffins, fat-free and salty snacks. The emphasis is to read labels as well as to focus on serving sizes when making snack choices. This video is accompanied by a guide that uses a variety of activities to get students involved in analyzing snacks.

© 1997

Spare Time, Spare Cash

Support Resource Grade 9

Vendor Direct (Available Free of Charge)

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					
				Learning Strategies	Life Roles and Career Development
					Volunteerism

A 23-minute video that examines the issue of gambling from a teenage perspective. It examines consequences, but does not address possible solutions. It consists of three modules: Betting (7 minutes); Motives, Winning/Losing (8 minutes); and Consequences (8 minutes).

Comments:

- Issues regarding gambling should be considered for discussion in conjunction with this video.
- This resource does not present a variety of races or ethnic diversity; however, it avoids cultural stereotypes and could be a catalyst for discussion.

©1996

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON AB T5J 3M9

Telephone: 780–422–2794

Sports, Drugs and You

Support Resource Grade 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20354-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			
				Learning Strategies	Life Roles and Career Development
					Volunteerism

This 13-minute video provides an informative look at how drug use affects athletic performance. Drugs dealt with include tobacco products, alcohol, marijuana, steroids and other performance enhancing drugs.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 8 and 9.

©1999

STD: Taking Care of Yourself and Others

Support Resource Grade 8

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
	✓	✓				Life Roles and Career Development
						Volunteerism

This pamphlet provides current information about STDs, including how to prevent them and how to deal with them. In addition to information about STDs in general, the resource also gives more detailed information on specific types of STDs.

Comments:

- Additional resources (print, audio and visual, and Web sites) are listed in this resource, but these have not been authorized by Alberta Education.
- This resource was created by Alberta Health and Wellness. The pamphlet would be best used in conjunction with STD: Teaching Outline and Resource Guide, also published by Alberta Health and Wellness.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©2000

Alberta Health - Disease Control and Prevention; 9th Floor, 10025 Jasper Avenue, EDMONTON, AB T5J 2N3

Telephone: 780-427-5237

STD: Teaching Outline and Resource Guide

Authorized Teaching Resource Grade 8

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
	✓	✓				Life Roles and Career Development
						Volunteerism

This booklet is a comprehensive teaching resource on STDs. It contains clear and concise medical information, student learning activities, transparency masters, resource lists, and a glossary.

Comments:

- This resource was developed in 2000 by Alberta Health and Wellness. It would be best used in conjunction with "STD: Taking Care of Yourself and Others," also published by Alberta Health and Wellness.

Sensitive Issues:

- This resource supports human sexuality outcomes.

©2000

Alberta Health - Disease Control and Prevention; 9th Floor, 10025 Jasper Avenue, EDMONTON, AB T5J 2N3

Telephone: 780-427-5237

Straight Goods for Girls on Drugs and Alcohol

Support Resource Grades 5, 6, 7, 8

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓				Life Roles and Career Development
						Volunteerism

This colourful poster explains and illustrates the negative effects of drugs and alcohol on adolescent girls. Concise descriptions and eye-catching illustrations make the poster suitable for classroom display or as a discussion starter.

Sensitive Issues:

- Targeted only at female youth, by design.

©1999

AADAC Resource Development and Marketing; Suite 200—Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9

Telephone: 780-422-2794 E-mail: rdm@aadac.gov.ab.ca**Straight Talk Series****Straight Talk about Mental Health: Image and Identity**

Support Resource Grades 7, 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 2064501

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
	✓	✓				Life Roles and Career Development
						Volunteerism

This two-video package discusses image, identity and sexual health. Topics include resisting peer and commercial pressures, healthy relationships, hormonal changes during puberty, values and decision making, pregnancy, sexually transmitted diseases and abstinence.


Sensitive Issues:

- This resource supports human sexuality outcomes.

©2001

Straight Talk Series**Straight Talk about Sexual Health: Choices and Consequences**

Support Resource Grades 7, 8, 9

ACCESS—The Education Station / Regional Resource and Urban Media Centres
BPN 2064901


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
	✓				Volunteerism

This two-video package discusses image, identity and sexual health. Topics include resisting peer and commercial pressures, healthy relationships, hormonal changes during puberty, values and decision making, pregnancy, sexually transmitted diseases and abstinence.

Sensitive Issues:


- This resource supports human sexuality outcomes.

©2001

Street Cents: A Guide to Funding Your Education

Support Resource Grades 8, 9

Vendor Direct (Available Free of Charge)



General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Understanding and Expressing Feelings	Interactions	Learning Strategies	Life Roles and Career Development
				✓	✓

This video consists of a host talking with students at various stages in their education, from junior high to university. The students and host offer advice on financial planning, including lessons learned, information on government student loans and scholarships, and tips on saving money for post-secondary studies. The video stresses the importance of starting to save for post-secondary education early on.

Comments:

- University and college courses/programs are stressed. There is no mention of trade or technical institutes.
- The video is also available online at «<http://www.alis.gov.ab.ca/studentsfinance/prepare.asp/>»

Alberta Learning, Learner Assistance; 9th Floor, Sterling Place, 9940–106 Street, EDMONTON AB T5K 2V1
Telephone: 780–427–9697

Everything You Need to Know About...**Stress****522690 \$24.75**

Support Resource Grades 7, 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓
				Learning Strategies	Life Roles and Career Development
				✓	✓
				Volunteerism	✓

This 64-page resource focuses on prevention, signs and symptoms, management and methods to reduce stress. Numerous situations are discussed. The book is colourfully illustrated and contains a glossary of terms.

©2001 Author(s): Ayer, E.

Real Life Teen Series**Stress****565343 \$93.50**

Support Resource Grades 8, 9

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓
				Learning Strategies	Life Roles and Career Development
				✓	✓
				Volunteerism	✓

This is a series of three videos for the grades 8 to 12 audience on the topics of stress, depression and dating. Each 20-minute video delves into the topic through teen interviews and discussions. Positive, helpful sources of support are recommended. This American-produced series is very transferable to a Canadian teen audience.

©2002

Student Workshop: All About Responsibility**614827 \$147.25**

Support Resource Grade 5


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓
				Learning Strategies	Life Roles and Career Development
				✓	✓
				Volunteerism	✓

This 15-minute video consists of four segments that focus on developing student responsibility at home, school, in the community and with friends. Each segment has supporting student worksheets and teaching suggestions.

©2002

Student Workshop: Building Healthy Relationships

Support Resource Grades 3, 4, 5

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20887 01


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓		
				✓	
					✓


This 24-minute video consists of three parts: Looking at Relationships, Standing Up for Yourself, and Working It Out. Each part provides strategies to recognize and develop healthy relationships. The teacher's guide consists of a script, blackline masters and several classroom activities to support each part of the program.

©2002

Student Workshop: Get a Grip! Self-Management Skills

Support Resource Grades 5, 6

Vendor Direct



General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes

An interactive program, complete with a 19-minute video and binder, with activity sheets. Appropriate for Grades 5 and 6 Life-learning general outcomes.

Comments:

- An effective program which deals with organizing homework, organizing space and property, planning a project, prioritizing and using time effectively.
- The program demonstrates positive role-modelling by older students.

©2000

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA

Telephone: 310-649-8152 E-mail: service@nysunburst.com

Student Workshop: How Not to Fight

Support Resource Grades K, 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This 15-minute video consists of three parts: Stop and Think, Talk and Listen, and Solve the Problem. Each part provides students with strategies to avoid fighting and to develop conflict resolution procedures. The teacher's guide consists of several classroom activities that support the video.

©2000

Student Workshop: I Can Follow Rules (Video and Guide)

Authorized Teaching Resource Grades K, 1, 2

483967 \$163.60

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓			✓			

This resource focuses on obeying rules, having self-control and following directions for K-2 students. A friendly mouse hosts the 16-minute video and, using everyday school situations, explains the importance of rules, safety and self-control. The guide contains lesson overviews, discussion questions, video script, a storybook resource list, and student activities.

Student Workshop: Learning to Care: Grades K-2

Authorized Teaching Resource Grades K, 1, 2

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 15-minute video and teacher guide focus on assisting students in developing a concern for the feelings of others and how this is a component of a warm and compassionate personality. The kit outlines a series of exercises including video viewing, role-playing, games and discussions. The materials are both attractive and durable.

Comments:

- User friendly.
- There are inviting pre- and post-viewing activities.
- A valuable teaching tool for reinforcing feelings.

© 1999

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA

Telephone: 310-649-8152 E-mail: service@nysunburst.com

Student Workshop: Learning Relationship Skills: Grades 5-9

Authorized Teaching Resource Grades 8, 9

476285

\$233.75

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓			

This resource consists of a 37-minute video and support print materials for student activities. The focus of the resource is on learning the basic skills necessary to build, nurture, and sustain healthy relationships. This is a skill-building program designed to teach adolescents the techniques for maintaining positive relationships with their peers, sibling, parents, and authority figures. The video is divided into segments looking at relationships, assertiveness skills, communication skills, and conflict resolution skills. A very comprehensive teacher's manual is included. This manual includes objectives, student handouts and a full script.

© 1999

Student Workshop: Respecting Differences

Support Resource Grades K, 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓		✓	

This 18-minute video consists of three parts: Different Abilities, We Can Be Different and the Same, and Cultural Differences. Each part focuses on students developing respect for all, despite physical differences, gender preferences or cultural differences. The teacher's guide consists of a script, blackline masters and several activities that support the video. The issues of gender stereotyping and cultural differences are handled openly, honestly and respectfully. The video is narrated by a teacher in a wheelchair who explains her disability and stresses the importance of respect for all individuals.

©2000

Student Workshop: Stop Picking on Me!

Support Resource Grades 2, 3

ACCESS--The Education Station / Regional Resource and Urban Media Centres
 BPN 20698-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓			

This 16-minute video consists of four topics. Ignore and Walk Away, Use your Words, Work as a Group, and Ask for Help provide students with strategies to address bullying. The teacher's guide provides a script, blackline masters and classroom activities.

©2002

Student Workshop: Stress: I Can Handle It! Grades 3-5

Support Resource Grades 4, 5, 6

466632 \$150.60

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 18-minute video focuses on the topic of stress. It uses "real-life" situations to highlight sources of stress and coping strategies. A teacher's guide and student worksheets accompany the video.

Supporting the Social Dimension: A Resource Guide for Teachers - Grades 7-12 Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓	✓	✓		

This resource provides guidelines, objectives and strategies designed to assist secondary school teachers with enhancing the social competency skills of students in five focus areas: personal growth and goal setting, health and well-being, appearance and manner, ethical behaviour and accountability. The objectives and strategies included in this resource may be used across grades, subjects and student populations. The practical suggestions may be readily implemented by most classroom teachers and students.

©2002

Talking About **Talking about Bullying**

Support Resource Grades K, 1

Out-of-print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓			

This book discusses and demonstrates appropriate strategies for dealing with bullying. Positive intervention techniques are depicted.

Comments:

- There is gender balance as to people who are bullies and people who are victims.
 - Ethnic diversity is depicted.
- ©2000 Author(s): Powell, J.

HealthSmart Connection Series
Teach & Talk: The Subject Is Sex
 Authorized Teaching Resource Grades 4, 5, 6
454059 \$32.30

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓	✓				

This teaching resource offers practical, engaging and enjoyable ways to develop a classroom environment conducive to teaching sexuality education. While it does not contain lesson plans for specific outcomes, it does give "warm-up" and lesson ideas which could help the teacher who has never taught this topic.

- Comments:
- This resource promotes various discussions about gender issues and involves students, parents, and teachers in positive teaching/learning activities.
 - It presents "sexuality" as more than sexual function and helps students understand that sexuality is about who we are as men and women.
- Sensitive Issues:
- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
 - This resource supports human sexuality outcomes.
- ©2001 Author(s): Wilson, P.; Quackenbush, M.; Kane, W.

Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource
467747 \$11.00
for Teachers of Health and Life Skills, and Career and Life Management
 Authorized Teaching Resource Grades 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This resource attempts to raise awareness of the effects and characteristics of Fetal Alcohol Spectrum Disorder (FASD) through learning activities that teachers can incorporate into the Health and Life Skills and Career and Life Management programs. It provides strategies, activities and student information sheets focusing on the prevention of alcohol use and abuse during pregnancy. A handout for community resource people offers tips for working with students, and outlines the specific goals and learning outcomes for the health program.

©2002 Author(s): Alberta Learning

Teaming Up for Tobacco Free Kids: Teacher's Resource Kit

Authorized Teaching Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓	✓		✓

This teacher resource kit, produced by AADAC, contains lessons plans for grades 4 to 6. Each grade level has three lesson plans and accompanying up-to-date fact sheets, student activities and transparency masters. Topics addressed include tobacco, alcohol/drug substance abuse, wellness, decision making and peer media influence. The resource is very well laid out and teacher-friendly. Statistics are Albertan/Canadian.

Sensitive Issues:

- The issue of Aboriginal traditional uses of tobacco is addressed.
- Teachers need to be sensitive to students who have smokers in their family.

©2003

AADAC Resource Development and Marketing; 2nd Floor—10909 Jasper Avenue NW, EDMONTON AB T5J 3M9

Telephone: 780-422-2794

Un Bear Able**Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit**

Authorized Teaching Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

This resource is local (AADAC) and current. The emphasis is on the prevention of tobacco use. The focus is on positive role models who demonstrate ways to make healthy choices. Lesson plans and varied student activities are included.

Comments:

- Additional resources have not been reviewed or authorized by Alberta Education.

©2000

AADAC Resource Development and Marketing; Suite 200—Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9

Telephone: 780-422-2794 E-mail: rdm@aadac.gov.ab.ca

Teasing and Bullying: Unacceptable Behaviour: The TAB Program

Authorized Teaching Resource Grades 3, 4, 5

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓

This kit, including a video and print resources, is divided into units dealing with understanding bullying behaviour, feelings of victims and onlookers, strategies for working it out, conflict management and building self-esteem, and understanding differences. A variety of teaching strategies including discussion, role play and print activities are provided. The video models strategies and reviews concepts.

Comments:

- References are made to specific web sites that are not approved by Alberta Education. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource make appropriate references to a group of students who stutter and should include sensitive treatment of their issues.
- Activities which involve name calling must be carefully considered before using in class.

©2000 Author(s): Langevin, M.

Real Life Teen Series

Teen Depression

Support Resource Grades 8, 9

565351 \$93.50

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓	✓	✓	✓	✓

This is a series of three videos for the grades 8 to 12 audience on the topics of stress, depression and dating. Each 20-minute video delves into the topic through teen interviews and discussions. Positive, helpful sources of support are recommended. This American-produced series is very transferable to a Canadian teen audience.

©2002

*Teens at Risk***Teen Depression: You Are Not Alone**

Authorized Teaching Resource Grades 8, 9

468729 \$58.40

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓					

This 20-minute video reassures teens that they are not alone regarding feelings of depression and that they can learn to handle them. Clinical experts discuss a checklist of symptoms of depression and strategies for coping in order to minimize negative impact.

Comments:

- American statistics are cited, but similarities exist in Canada.

©2000

Teen Health: Course 3• **Student Text**• **Teacher's Wraparound Edition**

Support Resource Grades 7, 8, 9

Out-of-print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓		✓

This resource focuses on four main themes: personal health, the health of others, growth and development, and consumer health. Background information and student activities are tied to these themes.

Comments:

- A glossary is included.
- Gender balance and ethnic diversity is included.
- American Health Standards are presented but this does not detract from the information provided.
- CD-ROM and transparencies have not been included with this resource.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Violence is a topic for inclusion in unit 2 of this resource.

©1999 Author(s): Merki, M.

Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video and print Project Report)

Support Resource Grades 5, 6, 7, 8

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓						Life Roles and Career Development
						Volunteerism

This Alberta-produced program consists of four 60-second made-for-television commercials, whose theme is "It's Cool Not to Use Tobacco." It was produced in 1997-1998 by Northern Alberta teens as part of the Teen Tobacco Reduction Project.

Comments:

- Shows gender equity, cultural diversity and First Nations People.
- To be effective, this program would have to be used with other tobacco-related resources as the print component details the process of this particular project.
- Age appropriate portrayals.

Alberta Tobacco Reduction Alliance (ATRA); 3rd floor, Aberhart Centre, 11402 University Avenue, EDMONTON, AB T6G 2J3
 Telephone: 780-407-7500 E-mail: rlebert@atra.ab.ca

LRC Order No.: Est. Price:

Thoughts and Feelings Series

- Afraid
- Frustrated
- Glad
- Help
- I'm Sorry
- Please
- Sharing
- Success
- Thanks

Support Resource Grades K, 1

Out-of-print
Out-of-print
439027 \$23.55
439043 \$23.55
Out-of-print
Out-of-print
Out-of-print
Out-of-print
Out-of-print

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
			✓	✓		✓
						Life Roles and Career Development
						Volunteerism

This set of books is suitable for promoting positive interaction between people. The topics pertain to varied thoughts and feelings of young students.

Comments:

- References are made to specific web sites that are not approved by Alberta Education. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

Sensitive Issues:

- Racial and cultural diversity is very limited in this resource, as is portrayal of varied social and economic statuses.
- No reference is made to people with disabilities.

©2000 Author(s): Riley, S.

Tobacco: Something to Chew On

Support Resource Grade 7

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20355-01

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓						✓
						Life Roles and Career Development
						Volunteerism

This 12-minute video presents factual information about smokeless tobacco use in an informative and humorous manner. The information is presented by both teens and medical experts. The 12-minute format lends itself to a one-class introduction, viewing, and class discussion format.

© 1999

Gateway Drugs**Tobacco X-Files**

Support Resource Grade 7

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 20357-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓			

A 25-minute video that addresses tobacco use and abuse with a very clear message of "Don't Start." Using the theme of the X-Files, this video presents the risks of smoking and using chewing tobacco. The program includes interviews with cancer survivors and people with emphysema as well as young people who have recognized the risks of their own tobacco use.

Comments:

- American content.
- The program has different title sections which are natural breaks to accommodate class discussion.
- A teacher guide does not accompany the program, but would be useful; therefore, teacher preview is suggested.

Sensitive Issues:

- The program has some graphic presentation of tobacco-related illnesses.

© 1999

Today's Teen (6th Ed.)**Student Text****Teacher's Wraparound Edition**

Support Resource Grades 7, 8, 9

453720 \$63.05
Out-of-print

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓		✓	

A concise, well organized resource intended for Grades 7, 8 and 9. It covers a broad range of specific outcomes in the areas of Wellness Choices, Relationship Choices and Life-Learning Choices.

Comments:

- Harcover, durable resources.
- Colourful, attractively illustrated.
- © 2000 Author(s): Kelly-Plate, J.; Eubanks, E.

Today's Teen (7th Ed.)

- **Today's Teen (7th Ed.) (Student Text)**
- **Today's Teen (7th Ed.): Teacher Wraparound Edition**

Support Resource Grades 7, 8, 9

541236 \$71.35
541690 \$113.05

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓	✓	✓	✓

The purpose of this resource is to encourage active learning. The colourful graphics and pictures capture student interest. The background information, tips, questions and activities help students review facts, apply concepts and develop thinking skills.

©2004 Author(s): Kelly-Plate, J.; Eubanks, E.

Tooth Truth with Harv and Marv (3rd. Ed.)

Support Resource Grades K, 1

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20356-01

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓					

This 13-minute video focuses on the basics of good dental hygiene. It includes strategies for brushing, flossing and swishing techniques. It suggests good nutritional foods for student consumption.

Sensitive Issues:

- This resource uses fantasy to promote dental care. The reference to the tooth fairy, even though a modernized depiction, may not be suitable for some families.

© 1998

Toward a Safe and Caring Curriculum: ATA Resources for Integration**Toward a Safe and Caring Curriculum: ATA Resources for Integration: Kindergarten****445446 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 1****445371 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 2****445389 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 3****445404 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 4****445412 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 5****445420 \$49.00****Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 6****445438 \$49.00**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
✓		✓	✓	✓	✓	✓

"Toward a Safe and Caring Curriculum" is part of the Safe and Caring Schools Project and is based in part on the Lions Quest violence prevention program "Working It Out: Toward a Safe and Caring Curriculum." The resource assists teachers in integrating pro-social and conflict-resolution skills into the subject areas and is organized into five literature-based topics at each grade level. A variety of motivational and assessment strategies are used. A curriculum correlation, bibliography and blackline masters are included.

©2001

Think & Drive**Traffic Safety Resource Guide for Elementary Schools**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

Vendor Direct

General Outcome 1		General Outcome 2		General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies
		✓				

This safety resource guide provides a comprehensive focus on pedestrian, bicycle, bus, seat belt and recreation safety. It is well organized with teacher background information, Division 1 and Division 2 activities and blackline masters. This resource would meet a variety of grade and safety and responsibility outcomes.

©2000

Traffic Safety Initiative, Alberta Transportation; Main Floor, Twin Atria, 4999 98 Avenue, EDMONTON AB T6B 2X3

Telephone: 780-422-8839

Unsuitable Actions (Taking Appropriate Actions Video Package: includes "Appropriate Actions" & "Unsuitable Actions")
 Support Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓				

A 26-minute National Film Board resource on sexual harassment in school and outside school. A realistic scenario is portrayed and vignettes are interspersed with discussions with teens on the actions being taken. A discussion guide is included with appropriate activities suggested.
 ©1997


The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide
 Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9 **438798 \$51.05**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This teachers' guide, which received a United Nations award as a model for families of all cultures, provides tools and strategies to assist in shaping character in students. The book includes activities and examples of desirable virtues for positive citizenship.
 ©1998 Author(s): Popov, L.

We're Growing Up!

Support Resource Grades 4, 5, 6

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20518-01


General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓	✓		✓		

This informative 12-minute video, hosted by a teen male and female, identifies the male and female reproductive systems, physical and emotional changes in puberty, and health and hygiene habits. It includes a teaching guide with a written script, vocabulary list, discussion questions and classroom activities.

Comments:

- Includes simple drawings of the male and female reproductive systems.

Sensitive Issues:

- This resource supports human sexuality outcomes.


© 1996

Real Kids**What We Learned About Bullying: Grades 2-4**

Authorized Teaching Resource Grades 3, 4

472077

\$151.95



General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		✓			

This a 16-minute, three-part video in which kids discuss their feelings about people who bully and those who are bullied. Topics covered include recognizing bullying behaviors, different kinds of bullies, motives behind a bully's actions and strategies to stop bullying. A teacher's guide, with objectives, discussion questions, worksheets, and a game, is included.

© 2000

What's the Message? (Video)

Support Resource Grade 7

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

The focus of this 16-minute video is how advertising companies often encourage unhealthy behaviours and attitudes. A group of teens are invited to give their initial reactions to the advertising campaign of new products, including beer and tobacco.

Comments:

- Volume needs to be turned up as some characters mumble.

Sensitive Issues:

- The video discourages the use of alcohol and tobacco, but much of the advertising promotes it.

© 1999

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3

Telephone: 888-260-2232 ; 905-890-1500 E-mail: pamela@marlineducation.com

Whatsa Hygiene?

Support Resource Grades 5, 6

ACCESS--The Education Station / Regional Resource and Urban Media Centres
BPN 20212-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 18-minute video involves students completing a health assignment on hygiene. The topics provide a review of taking care of themselves (bathing, handwashing, care of teeth, hair and nails, and clothing). The students choose to present their research information through music which would appeal to the upper elementary age group.

Comments:

- Cultural diversity is portrayed.

© 1999

When Choices Collide

- When Choices Collide (Videocassette and Discussion Guide)
- When Choices Collide (Windows / Macintosh CD-ROM)

Authorized Teaching Resource Grade 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓			✓	✓		

This 33-minute docu-drama addresses the issue of drinking and driving. It demonstrates the seriousness of this issue, the decisions that young people need to make and the results of impaired driving. There are points throughout the program that call for discussion opportunities, and a discussion guide is provided. The CD-ROM is interactive and provides student assessment activities; it includes vignettes and a driving simulation that makes a connection to real life situations.

Comments:

- Gender balance.
- A locally produced resource.
- The discussion guide includes further information and varied interactive activities for students.
- The CD-ROM is an appropriate resource for individual instruction and reinforcement of concepts presented in the video.

Sensitive Issues:

- Alberta Education strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Realistic drinking and driving scenes are included in this resource.

©1999

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9

Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

When It's Hard to Be a Friend: Grades 3-5 (Video and Teacher's Guide) Support Resource Grades 4, 5, 6

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
			✓	✓	
		Learning Strategies	Life Roles and Career Development	Volunteering	

A 12-minute video demonstrating friendship challenges in pre-adolescent peer situations; e.g. when a friend gets angry, when friends pressure you, when friends change.

Comments:

- The video format engages students with its stop/start style, and questions at the end of segments allow for directed small group discussions.
 - In-class activity suggestions are varied and clearly outlined in the teacher's guide.
 - The teacher's guide also offers a list of resources for teachers, students and parents as an enhancement to learning. These resources have not been reviewed or authorized by Alberta Education.
- © 1999

You Can Try, So Can I **466640 \$163.60**

Support Resource Grades 1, 2

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
		Learning Strategies	Life Roles and Career Development	Volunteering	
		✓			

This 13-minute video includes three scenarios about new situations and the emotions of children who are faced with the prospect of taking part in a new activity. A teacher's guide offering numerous student activities is included.

Comments:

- The language contained within the program appears to be at a level higher than Grades 1 and 2.
 - It is recommended that teachers supplement this material with examples of people with disabilities who are in a classroom setting or active in the community.
- © 2000

Your Life Your Choice Web Site (<http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html>)

Support Resource Grades 7, 8, 9

Internet

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
✓		✓		✓	

The student section contains interactive web activities such as quizzes, ideas for class projects that may or may not involve the use of the web site, and other activities to help students learn about alcohol. The teacher section describes key learning outcomes, and ways to use the web site and classroom activities appropriately.

Comments:

- This resource contains alternate paper-based strategies when technical challenges or student learning styles or needs limit use.
- Parents may visit any of the parent, teacher or student sections to find materials specific to their needs.

Sensitive Issues:

- This web resource contains links that have not been reviewed or authorized by Alberta Education. Teachers, for their own protection, should review the current status of the web sites identified in these links, including documents in these web sites, to ensure that the sites contain accurate and appropriate information.

Roberts & Associates; 20 Prince Arthur Avenue, Suite 9G, TORONTO, ON M5R 1B1

Telephone: 416-929-6283 E-mail: judyrobe@istar.ca

You, Me & the Kids: The Teen Years Youth and Crime

Support Resource Grade 7

ACCESS-The Education Station / Regional Resource and Urban Media Centres
BPN 20306-24

General Outcome 1		General Outcome 2		General Outcome 3	
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes
					✓

This 24-minute video provides a look at teens who fall victim to a life of crime, and some who can be, or are being, helped. The featured teens try to help a former gang member. Health experts, parents and teens discuss the associated pressures and realities of today.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Accidents Happen, Body Image, Cliques and Shunning, Drugs: Coming to a Neighbourhood Near You, Gender Blues, Getting Dumped, Giving Back, Kids and Alcohol, Kids Having Kids, Let's Party, More Than the Blues, Rumours and Gossip, Sexual Harassment, and Smoking.*

Health and Life Skills

**Authorized Resources to be
Withdrawn as of August 31,
2006.**

March 2006

Authorized Resources to Be Withdrawn as of August 31, 2006

KINDERGARTEN through GRADE 9

Please Note:

These resources are being withdrawn as authorized resources from provincial resource listings:

- these resources contain dated material
- newer resources on the topic are now available.

Local board approval is recommended to continue using these resources.

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Comprehensive Health for the Middle Grades</i> Abstinence: Teacher / Student Resource	ETR Associates	Zeviv, D.	1996	Authorized Teaching 7, 8, 9
The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge	Dairy Nutrition Council of Alberta			Authorized Teaching 7, 8, 9
Amazing Mallika (Student Book)	MarshMedia	Parkison, J.	1997	Support 2, 3
<i>Veggie Tales</i> Are You My Neighbour?	Students Taking a Right Stand		1998	Support K, 1
<i>BeCool: Middle School - Part 1: Coping with Difficult People</i> • Module 2: Coping with Teasing • Module 3: Coping with Bullying • Module 4: Coping with Anger / Other • Module 5: Coping with Anger / Self	James Stanfield Publishing Company, Inc.	Stanfield, J.	1997	Authorized Teaching 7, 8
<i>BeCool: Middle School - Part 2: Reconciling Differences</i> • Module 1: Settling Differences with Peers • Module 2: Resolving Conflicts with Peers • Module 3: Settling Differences with Authority • Module 4: Resolving Conflicts with Authority	James Stanfield Publishing Company, Inc.	Stanfield, J.		Authorized Teaching 7, 8
Bea's Own Good (Student Book)	MarshMedia	Talley, L.	1997	Support 2
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 1 - 3)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 1, 2, 3
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 4 - 6)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 4, 5, 6
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 7 - 9)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 7, 8, 9
<i>Your Amazing Body</i> A Breath of Fresh Air	Pyramid Media Inc.		1997	Support 4

Authorized Resources to Be Withdrawn as of August 31, 2006

KINDERGARTEN through GRADE 9 (continued)

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Comprehensive Health for the Middle Grades</i> • Abstinence: Teacher / Student Resource (Grades 7 to 9) • Puberty and Reproduction: Teacher / Student Resource (Grades 4 to 6)	ETR Associates	Zeviv, D.	1996	Authorized Teaching 4, 5, 6, 7, 8, 9
Dating Violence and Acquaintance Rape (Pamphlet)	Capital Health		1997	Support 7, 8, 9
<i>ShowPeace</i> Dinner for Two / Diner intime	National Film Board		1997	Support 1, 2, 3, 5, 6
<i>Health Matters</i> Drugs and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 4, 5
The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10	Dairy Nutrition Council of Alberta		1995	Authorized Teaching 7, 8, 9
Every Body Is a Somebody: Facilitator's Guide	The Body Image Coalition of Peel	Seaver, A. et al.	1997	Authorized Teaching 7, 8, 9
<i>Health Matters</i> Exercise and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
First Aid: The Vital Link	Mosby Lifeline		1994	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9
<i>Veggie Tales</i> Flibber-O-Loo	Students Taking a Right Stand		1998	Support K, 1, 2
Food Additives: Substances Added in Food Processing	Classroom Video		1998	Support 9
<i>Veggie Tales</i> Grapes of Wrath	Students Taking a Right Stand		1998	Support K, 1, 2
Health: Exercise, Nutrition, and Sleep (3rd Ed.)	AIMS Multimedia		1996	Authorized Teaching K, 1, 2, 3, 4, 5, 6
<i>Health Matters Series</i> • Drugs and Your Health (Grades 4, 5) • Exercise and Your Health (Grades 2, 3, 4, 5) • Hygiene and Your Health (Grades 2, 3, 4, 5)	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
<i>Your Amazing Body</i> The Heart is a Lonely Thumper	Pyramid Media Inc.		1997	Support 4
<i>Health Matters</i> Hygiene and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
I Can Make Good Choices	Sunburst Communications Inc.		1995	Support 4

Authorized Resources to Be Withdrawn as of August 31, 2006

KINDERGARTEN through GRADE 9 (continued)

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
I Quit! Tobacco and Teens	Alfred Higgins Productions		1997	Support 9
Inger's Promise (Student Book)	MarshMedia	Parkison, J.	1996	Support 2, 3
Jackson's Plan (Student Book)	MarshMedia	Talley, L.	1998	Support 2, 3
Kids with Diabetes in Your Care: A Practical Guide	Canadian Diabetes Association		1998	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8,
<i>Veggie Tales</i> Larry Boy and the Fib from Outer Space	Students Taking a Right Stand		1998	Support 1
Let's Rap about AIDS	Ochapowace Educational Entertainment Co.		1998	Support 8, 9
<i>The Library of Healthy Living</i> Staying Healthy: Let's Exercise	The Rosen Publishing Group, Inc.	McGinty, A.	1997	Support 1
<i>Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility</i> Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence	Quest International	Keister, S. et al.	1995	Authorized Teaching 7, 8, 9
<i>Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility</i> Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs	Lions-Quest Canada	Apacki, C.	1995	Authorized Teaching 7, 8, 9
Lions-Quest: Skills for Action 7 (Kit)	Quest International		1995	Authorized Teaching 7, 8, 9
<i>Lions-Quest: Working Toward Peace</i> • Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (includes Curriculum Manual; Poster Set; Student Book; Brochure; and Canadian Administrator's Guide)	Quest International	Morgan, L. et al.	1995	Authorized Teaching 7, 8, 9
The Little Trapper	National Film Board		1999	Support 4, 5, 6
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 1 (Student Book)	BSCS		1997	Support 4, 5, 6, 7, 8
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide	BSCS		1997	Authorized Teaching 4, 5, 6, 7, 8
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 2 (Student Book)	BSCS		1997	Support 7, 8, 9

Authorized Resources to Be Withdrawn as of August 31, 2006

KINDERGARTEN through GRADE 9 (continued)

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide	BSCS		1997	Authorized Teaching 7, 8, 9
Male and Female: Trust and Honesty	Alfred Higgins Productions		1995	Support 8
Managing Conflict: Strategies, Activities and Role Plays for Kids	Jalmar Press	Palomares, S.	1995	Authorized Teaching 3, 4, 5, 6, 7, 8
Molly's Magic (Student Book)	MarshMedia	Paine, P.C.	1995	Support 3
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	Dairy Nutrition Council of Alberta		1999	Authorized Teaching K, 1, 2, 3
Plato's Journey (Student Book)Mar	shMedia	Talley, L.	1998	Support 2, 3
<i>PROJECT APEX</i> • PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack • PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6	Dairy Farmers of Ontario		1999	Authorized Teaching 3, 4, 5, 6
<i>Comprehensive Health for the Middle Grades</i> Puberty and Reproduction: Teacher / Student Resource	ETR Associates	Golliher, C.	1996	Authorized Teaching 4, 5, 6
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	Safety Sense Enterprises Inc.	Graftey, H.	1996	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8,
Second Step: A Violence Prevention Curriculum: Grades 4-5 (2nd Ed.)	Committee for Children		1997	Authorized Teaching 4, 5
Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School	ETR Associates	Core-Gebhart, P. et al.	1994	Authorized Teaching 7, 8, 9
<i>ShowPeace</i> • Dinner for Two / Dîner intime (Grades 1-3, 5-6) • When the Dust Settles / Et la poussière retombe (Grades 1-2)	National Film Board		1997	Support 1, 2, 3, 5, 6
<i>The Library of Healthy Living</i> Staying Healthy: Let's Exercise	The Rosen Publishing Group, Inc.	McGinty, A.	1997	Support 1
STOP: Stomp Tobacco Out Please! A Tobacco Cessation Program for Young Teens (Grades 7-9): Facilitator's Manual	Capital Health		1997	Authorized Teaching 7, 8
Straight Goods on Drugs and Alcohol	AADAC Resource Development and Marketing		1994	Support 7, 8, 9

Authorized Resources to Be Withdrawn as of August 31, 2006

KINDERGARTEN through GRADE 9 (continued)

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
Thank You, Meiling (Student Book)	MarshMedia	Talley, L.	1999	Support 2
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	ETR Associates	Quiroz, H.	1996	Authorized Teaching 5, 6, 7, 8
Think, Choose, Act Healthy: Student Activities for High School	ETR Associates	Quiroz, H.	1997	Authorized Teaching 7, 8, 9
Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual	Think First Foundation		1996	Authorized Teaching 1, 2, 3
<i>Veggie Tales Series</i> • Are You My Neighbour? (Grades K, 1) • Flibber-O-Loo (Grades K, 1, 2) • Grapes of Wrath (Grades K, 1, 2) • Larry Boy and the Fib from Outer Space (Grade 1)	Students Taking a Right Stand		1998	Support K, 1, 2
Wash Those Hands!	Marsh Media		1996	Support K, 1
<i>ShowPeace</i> When the Dust Settles / Et la poussière retombe	National Film Board		1997	Support 1, 2
<i>Your Amazing Body Series</i> • A Breath of Fresh Air (BPN 20358-01) • The Heart is a Lonely Thumper (BPN 20358-02)	Pyramid Media Inc.		1997	Support 4

Health and Life Skills

Vendors/Distributors

March 2006

Vendors/Distributors

Most of the authorized student and teacher resources are available for purchase from the Learning Resource Centre (LRC), Alberta Education. Many of the video resources are available from ACCESS–The Education Station, and the BPN order numbers are identified in the annotation.

ACCESS–The Education Station

3720 – 76 Avenue
EDMONTON, AB, CANADA T6B 2N9
Telephone: 800–352–8293 ; 780–440–7702
Fax: 780–440–8899
Internet: <http://www.accesslearning.com>

David Thompson Health Region

2845 Bremner Avenue
RED DEER, AB, CANADA T4R 1S2
Telephone: (403) 341-2100
Fax: (403) 341-2196
Internet: <http://www.dthr.ab.ca/resources>

Resources available for purchase directly from the vendor are identified as such in the annotation. A listing of these vendors/distributors follows.

AADAC Resource Development and Marketing

2nd Floor—10909 Jasper Avenue NW
EDMONTON, AB, CANADA T5J 3M9
Telephone: 780–422–2794
Fax: 780–422–5237
Internet: <http://www.gov.ab.ca/aadac/>

Alberta Health - Disease Control and Prevention

9th Floor, 10025 Jasper Avenue
EDMONTON, AB, CANADA T5J 2N3
Telephone: 780–427–5237
Fax: 780–422–6663

People, Skills and Workplace Resources, Alberta Human Resources and Employment (AHRE)

12th floor Seventh Street Plaza
EDMONTON, AB, CANADA T5J 3E4
Telephone: 800–232–7215 ; 780–415–0733
Fax: 780–422–5319
Internet: <http://www.gov.ab.ca/lab/>

Alberta Learning, Learner Assistance

9th Floor, Sterling Place
EDMONTON, AB, CANADA T5K 2V1
Telephone: 780–427–9697
Fax: 780–422–4517
Internet: <http://www.alis.gov.ab.ca>

Alberta Milk

14904 121A Avenue
EDMONTON, AB, CANADA T5V 1A3
Telephone: 800–252–7530 ; 780–453–5942
Fax: 780–455–2196
Internet: <http://www.albertamilk.com>

Alberta Tobacco Reduction Alliance (ATRA)

3rd floor, Aberhart Centre
11402 University Avenue
EDMONTON, AB, CANADA T6G 2J3
Telephone: 780–407–7500
Fax: 780–407–6494
Internet: <http://www.tobaccotruth.com/>

body image works inc.

P.O. Box 34117 RPO
CALGARY, AB, CANADA T3C 3W2
Telephone: 403–243–5383
Fax: 403–243–5439
Internet: <http://www.bodyimageworks.com>

Calgary Police Services Interpretative Center

133 6th Avenue SE
CALGARY, AB, CANADA T2G 4Z1
Telephone: (403) 268-4565 or (403) 268-4566
Fax: (403) 974-0508
Internet: <http://www.gov.calgary.ab.ca/police/>

Vendors/Distributors (continued)

Canada Career Consortium

280 Albert Street, Suite 903
OTTAWA, ON, CANADA K1P 5G8
Telephone: (613) 230-6223
Fax: (613) 230-7681
Internet: <http://www.careerccc.org/>

Canadian Video Services (CVS) Inc.

116 Geary Avenue, Unit 206
TORONTO, ON, CANADA M6H 4H1
Telephone: 800-263-1258 ; 416-751-8016
Fax: 416-751-9662
Internet: www.cvsinc.ca

Health Canada Publications – Population and Public Health Branch

Alberta/NWT Region
EDMONTON, AB, CANADA T5J 4C3
Fax: (780) 495-5537
Internet: <http://www.hc-sc.gc.ca/hppb/tobaccorededucation/youth.html>

Learning Resources Centre (LRC)

12360 – 142 Street
EDMONTON, AB, CANADA T5L 4X9
Telephone: 780-427-5775
Fax: 780-422-9750
Internet: <http://www.lrc.education.gov.ab.ca>

Magic Lantern Communications Ltd.

8755 Ash Street—Number 3
Vancouver, BC, CANADA V6P 6T3
Telephone: 800-263-1717 ; 604-324-2600
Fax: 604-324-4855
Internet: <http://www.magiclantern.ca>

Mistahia Regional Health Authority

2nd Floor, Provincial Building
2101, 10320 – 99 Street
GRANDE PRAIRIE, AB, CANADA T8V 6J4
Telephone: 780-513-7525

Canadian Association for School Health

16629 62A Avenue
SURREY, BC, CANADA V3S 9L5
Telephone: 604-575-3199
Fax: 604-575-2235
Internet: <http://www.schoolfile.com/cash.htm>

Committee for Children

568 First Avenue South, Suite 600
SEATTLE, WA, USA 98134-2804
Telephone: 800-634-4449 ext.6223 ; 206-343-1223
Fax: 206-343-1445
Internet: <http://www.cfchildren.org/>

Jeflyn Media Consultants

PO Box 220
MOUNT ALBERT, ON, CANADA L0G 1M0
Telephone: 888-453-3596 ; 905-642-6142
Fax: 905-473-1408

Lions-Quest Canada

515 Dotzert Court—Unit 7
WATERLOO, ON, CANADA N2L 6A7
Telephone: 800-265-2680 ; 519-725-1170
Fax: 519-725-3118
Internet: <http://www.lions-quest.ca/>

Marlin Motion Pictures Ltd.

211 Watline Avenue
MISSISSAUGA, ON, CANADA L4Z 1P3
Telephone: (800) 865-7617 ; (905) 890-1500
Fax: (800) 203-8786 ; (905) 890-6550
Internet: <http://www.marlineducation.com>

Omega Films Limited

84 Paddy Dunn's Circle
BARRIE, ON, CANADA L4M 6M1
Telephone: (800) 663-4238
Fax: 705 728 4200
Internet: <http://www.omegafilms.ca>

Vendors/Distributors (continued)

Ontario Physical and Health Education Association (OPHEA)

Suite 501–1185 Eglinton Avenue East
TORONTO, ON, CANADA M3C 3C6
Telephone: 416–426–7120
Fax: 416–426–7373
Internet: <http://www.ophea.org/>

The Schizophrenia Society of Canada

50 Acadia Avenue – Suite 205
MARKHAM, ON, CANADA L3R 0B3
Telephone: 888–772–4673 ; 905–415–2007
Fax: 905–415–2337
Internet: <http://www.schizophrenia.ca>

Traffic Safety Initiative, Alberta Transportation

Main Floor, Twin Atria
4999 98 Avenue
EDMONTON, AB, CANADA T6B 2X3
Telephone: 780–422–8839
Fax: 780–422–3682

Roberts & Associates

20 Prince Arthur Avenue, Suite 9G
TORONTO, ON, CANADA M5R 1B1
Telephone: 416–929–6283
Fax: 416–929–4454
Internet: <http://www.robertsassoc.on.ca>

Sunburst Technology / Knowledge Adventure

6th Floor—6060 Centre Drive
LOS ANGELES, CA, USA 90045
Telephone: 310–649–8152
Fax: 310–410–2264
Internet: <http://www.sunburst.com>

